







Supporting caregivers, and their loved ones . . .

2019 ANNUAL REPORT



ABOUT FORSTER WOODS

Forster Woods Adult Day Center is a professionally supervised day program serving the elderly and other adults with physical or mental impairments. We provide a structured day program that includes meaningful social, cognitive, creative, and sensory activities in a warm, caring and secure environment. The program is individualized for each person based on the participant's individual plan of care.

Our Mission

To support caregivers and their loved ones by providing a safe, comfortable and reliable day service for adults who require assistance with daily living activities and would benefit from a compassionate environment with opportunities for socialization.

TESTIMONIALS

Thank you for everyone's hard work. We have seen a huge change in my Mom's mood. She looks forward to spending time with everyone. She loves all the friends she has made. I wish I would have found Forster Woods sooner.

Edith, daughter of Yvette

I feel so fortunate that my husband is a care receiver at Forster Woods! The staff is dedicated, loving, kind, patient, creative, innovative and the best of the best!! A group of truly outstanding individuals!

Linda, wife of Bob

My sister Linda has been attending Forster Woods Day Center for three years. The staff have always been amazing with her. They are well trained and very empathetic with the clients at the center. It takes a very special person to this kind of work, and I appreciate the effort that Forster woods put in to finding the right people and run a specialized program for adults with special needs. Thank you!

Carol, sister of Linda

So grateful for the effort the staff made to work with my son, and make him comfortable with the program.

Janice, mother of Jared

OUR PARTICIPANTS



Gary has been attending the day center for a little over a year now. His favorite activities include Bible Study, Music including Bell Choir, and going for walks. He really enjoyed the

community outing to the Meridian Historical Village and to the movies. Gary always has a warm smile when he arrives at the day center and happily greets everyone!



Gabe has been attending the day center for a little over a year now. Gabe really enjoys reading to the group during our daily story time. He also really enjoys the community outings to Impression 5, the movies, and bowling, just to name a few. Gabe likes playing ring toss and cornhole

as well. In addition to his time at the day center, Gabe enjoys going to either the YMCA or Planet Fitness with one of our Life Enrichment Assistants every day.



Stephanie has been attending the day center for just over a year. Stephanie is a very talented artist and writer. She typically starts her day with us working on a Diamond Art Project. We have also been fortunate enough to enjoy the poetry that she writes. Stephanie really has loved our

community outings. Her favorite outings have been trips to the mall and the humane society. Stephanie is also very helpful to other participants at the day center—quick to lend a helping hand to anyone who needs it.

FROM OUR EXECUTIVE DIRECTOR

We have had another exceptional year here at Forster Woods. Again, we experienced remarkable growth, welcoming 102 participants while providing respite for 144 caregivers.

Our day at Forster Woods begins with individual activities followed by a morning snack and Daily Chronicles. We then enjoy various activities, community outings, large motor activities and music before having lunch. The afternoon is filled with creative expressions, exercise, an afternoon snack and table games. We welcome regular visitors who provide presentations and share their talents.

This summer we were excited to partner with the Kiwanis Club of Williamston. Through our partnership we launched the largest Kiwanis Aktion Club in the State of Michigan. Members of our club have been inspired to reach out into our community through various service projects including assisting Weekend Survival Kits by packing backpacks for kids in Williamston

In June, we held our Inaugural Golf Scramble at Wheatfield Valley Golf Course. Nearly 30 golfers came out to support our scramble and had a wonderful time! Our 5th Annual Benefit Dinner and Silent Auction was a spectacular event aboard the Michigan Princess Riverboat. We increased our fundraising and community support efforts by 50% this year, raising nearly \$50,000!

Save the date of June 27th for our 2nd Annual Golf Scramble at Wheatfield Valley Golf Course. Registration and additional information will be available soon at www.forsterwoods.org. Our 6th Annual Benefit Dinner will be held at Rosemal Barn in Williamston this year on September 25th. This years event will include a wonderful barbecue dinner and country music. More information will be available soon!

I am constantly reminded of the importance of the work that we do and service we provide to the community. Many caregivers are in need of support and respite and as always it is our pleasure to share in the care.

As we move into 2020, I am excited about the opportunities and possibilities that await us.

Warmest Regards, Jennifer A. Putmon Executive Director

BOARD OF DIRECTORS

Jackie Gargano, RN, CNOR

Chairman of the Board and CEO

Jerry Dahlberg

Vice Chairman of the Board

Chuck Spanburg

Treasurer

Tom Corner, PhD

Secretary

Rebecca Branch Chuck Featherly Sarah Hawley Barbara Sawyer-Koch

Randolph F. R. Rasch, PhD, RN, FNP, FAANP

Jayne Ward, D.O.

EXECUTIVE STAFF

Jackie Gargano, RN, CNOR

Chief Executive Officer and Registered Nurse

Jennifer A. Putmon, CDP

Executive Director

Katie Dietrich

Director of Programs

Robert Valasek

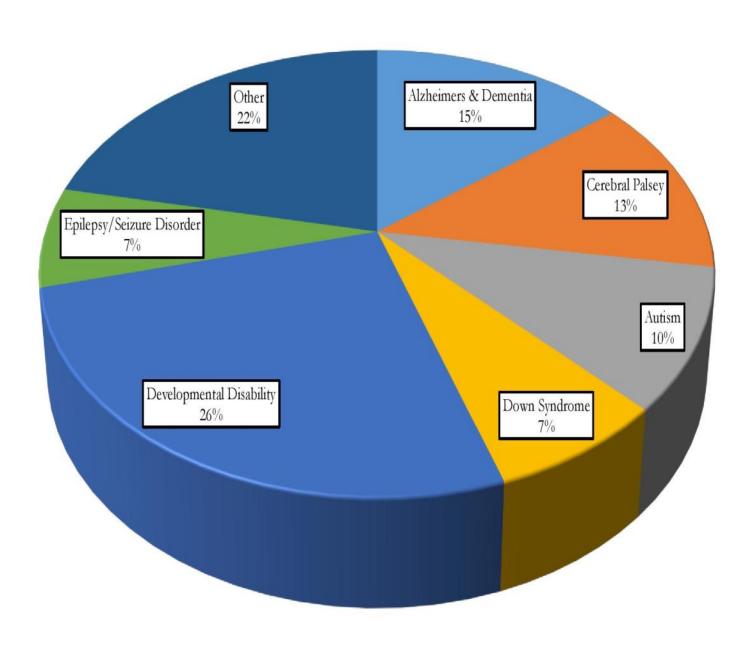
Life Enrichment Director and Community Relations Assistant

AFFILIATIONS

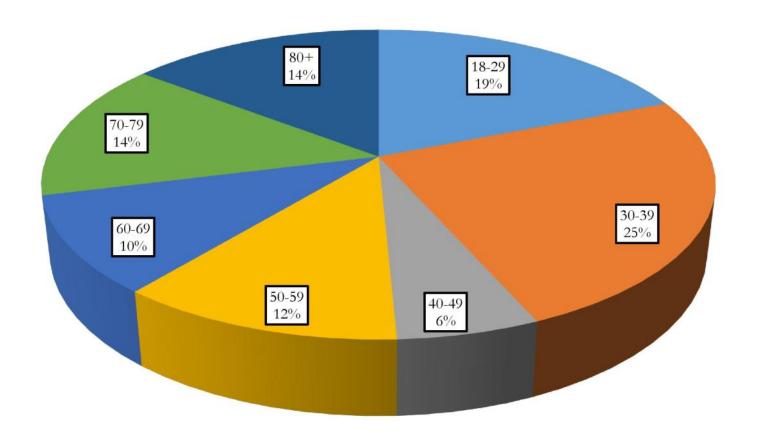
Forster Woods Adult Day Center is an Outreach Ministry of St. Katherine's Episcopal Church and has contracts with Tri-County Office on Aging, Community Mental Health, Michigan Department of Health and Human Services, and the Child and Adult Care Food Program. Forster Woods is a member of the National Adult Day Services Association, Michigan Adult Day Services Association, and the National Council of Certified Dementia Practitioners. Forster Woods is honored to be a part of Michigan State University's Nursing Education Program and Baker College of Owosso Fieldwork Program for Occupational Therapy Assistant Students. In 2019, Forster Woods partnered with the Williamston Kiwanis Club and launched the largest Kiwanis Aktion Club in the State of Michigan.

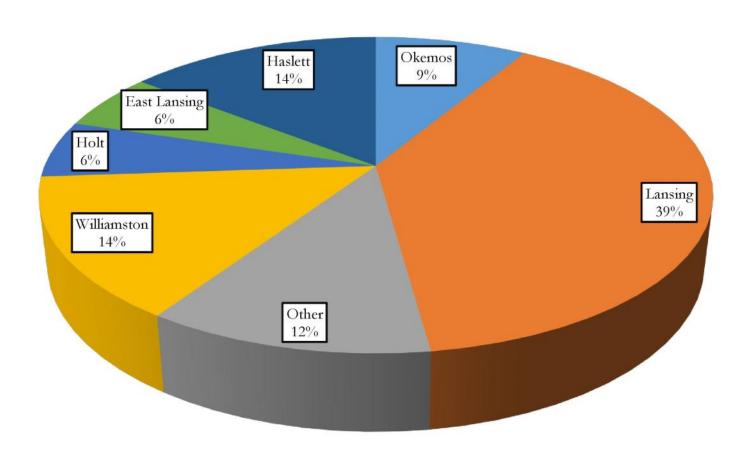
WHO WE HELP

In these charts we show a wide variety of diagnoses, age ranges, and geographical areas that we serve. It is our priority to focus on each individuals abilities and provide a person centered care plan for each individual.



WHO WE HELP





HIGHLIGHTS OF 2019

JANUARY



During the cold winter months we really enjoy indoor games. The participants are very competitive when it comes to a game of table tennis!

FEBRUARY



Samantha our Activities Coordinator always has fun projects for our participants. Arts and crafts is a participant favorite! When participants need a bit of extra help, Sam is there to lend them a hand.

MARCH



Among many other fabulous activities - we celebrated National Pig Day in March. What better way to celebrate than with a special visitor, Daisy!

APRIL



We really focused on getting our participants out in the community this year. Trips to the bowling alley, various museums, the Humane Society, Preuss' Pets, and community libraries were enjoyed by so many of our participants!

HIGHLIGHTS OF 2019

MAY



Through a grant from the Episcopal Diocese of Michigan not only were we able to continue our wonderful weekly exercise segments with Michele, we were able to add music therapy twice a week through MSU Community Music School!

JUNE



We welcomed the warm weather in June and began enjoying the outdoors not only on the beautiful grounds of St. Katherine's but also out in the community. Whether it was playing Basketball, Wiffle Ball, helping maintain the grounds, or visiting a local park we took advantage of every opportunity to enjoy the sunshine!

JULY



We celebrated Forster Woods 7th Anniversary at the Ingham County Fair! It was a fun-filled day of games, rides, and delicious food at the fair!

AUGUST



We continued to enjoy the beautiful days of summer with trips to the park, Potter Park Zoo, and MSU Dairy Farms.

HIGHLIGHTS OF 2019

SEPTEMBER



In September, through our partnership with the Kiwanis Club of Williamston our Kiwanis Aktion Club began partnering Weekend Survival Kits filling the weekend food gap with backpacks stocked with food for children in the Williamston School District. On average we pack approximately 200 backpacks each month.

OCTOBER



On October 4th, Forster Woods celebrated it's 5th Annual Benefit Dinner and Silent Auction aboard the Michigan Princess Riverboat. We all enjoyed the Masquerade themed Murder Mystery provided by Murder Mystery, Inc. all while raising funds for Forster Woods participants!

NOVEMBER



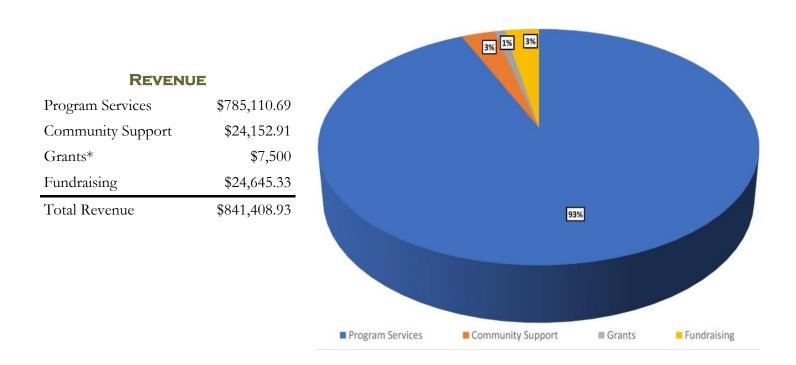
As the cold weather moved in we found so many wonderful indoor community outings to enjoy. Trips to the movie theater, Impressions 5, and R.E. Olds Transportation Museum just to name a few.

DECEMBER

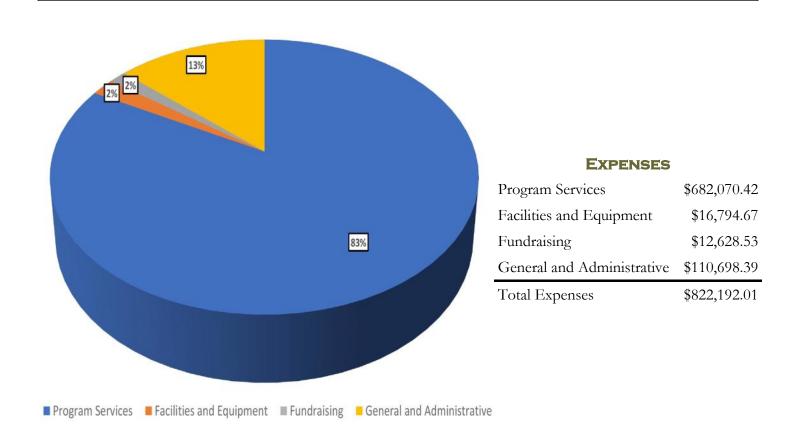


In December, we welcomed so many special visitors! Elvis Presley and Frank Sinatra joined us for our music segment. Camilla from Old Nation Brewery and Teri from Williamston Kiwanis brought Christmas early with wonderful donations of Sensory Toys for our participants. Even Santa took time out of his very busy schedule and stopped by for a visit!

2019 FINANCIAL STATEMENT



^{*} Forster Woods appreciates the continued support of **The Episcopal Diocese of Michigan** through grant funding that supports continuing education of our staff as well as program activities for our participants.



FORSTER WOODS BY THE NUMBERS 2019

102 Participants Served

144 Caregivers Supported

23.56
Daily Average of
Participants Attending
Day Center

47,883 Hours of Respite Provided

37,536 Day Center 10,347 Home Care 6,505 Lunches Served

8,400 Snacks Served

Over 1,500 Hours Contributed by Volunteers

FORSTER WOODS STAFF

Forster Woods is blessed to have a qualified and caring staff who are committed to our mission of supporting caregivers and their loved ones.

Administrative Assistant

Tasha Gilman

Life Enrichment Coordinators

Justin Jackson Isaiah Pruitt Wendy Morris

Activities Coordinator

Samantha Shassberger

<u>Training and Onboarding</u> <u>Coordinator</u>

Gabriela White

<u>Person Centered Care</u> <u>Coordinator</u>

Micah Brown

Life Enrichment Specialists

Iman Blocker
Marisol Campos-DeLeon
Zoe Gagne
Kaili Gozalka
Brittany Hilts
Daryl Jones

<u>Operations Assistants</u> <u>and Dietary Team</u>

Madison Putmon Da'Mon Savage Kaleb Tort Aillyana Valles

Life Enrichment Assistants

Abigail Dietz Katelyn Clendenan Ashlynn McOwen Krysta Hogge Bethany Black Makayla Taylor Malachi Walker Breanna Hogue Brianna Hirst Michael Mukuna Michael Chaffee Domonique Jenkins Donovan Middleton Myah Walker Emony Pupo-Rivero Nicole Cook Greg Burton Sang Sako Julia Lederer Susan Taylor Julia Wright

ACKNOWLEDGEMENT OF COMMUNITY SUPPORTERS

Forster Woods has become a beacon of light in our community and would not be possible without the many individuals that have supported our program. We are grateful for your generous support.

George and Carole Schneider Tom and Beckie Corner Karen Peasley Joann Marshall Andy Friar Kurt Temple Gregory and Kathleen Antonini Barbara Esses Jennifer Branch Jackie Gargano Barbara Sawyer-Koch Sara Hawley Mary Ellen Sheets Chuck Featherly Cheryl and Kent Hall Edward and Sandra Liddle Elsie Claggett Dale Barker Julie Thompson George and Angelica Lui Sheila Fulger Thomas and Sharon Pease Kelly Ryder Jodie Lewis Leonard and Judy Mohre Amy Ritter Barbara McMillan Grace VanValkenburg Lille Foster Amy and Patrick Masi The Rev. Frederick Nestrock David Devries Bruce and Cheryl Cochran Marilyn Ebaugh Cynthia Suppnick Roxanne Chan Jane Rose Ben and Polly Schwendener Mark and Toni Talbot Nicole and Alex Gargano Chuck and Kathy Spanburg Teri Nelson Linda Newbury

Gregory and Regina Rambat Rich Smith Chris Hawley Sarah Munro John Roy Castillo Betty Francis Kay Kujala Meredith and Randall Swamp Ian Rouse David and Anne Thompson Jacqueline Shinn Jeff Johnson and Debby Harris Barbara McMillan Philip and Nancy Harns Jane Rose Thomas and Jeannie West Michael and Erin Winkelpleck Brian Tort Birger Anderson Carol Bappert Winston Stebbins Jon and Inge Diehl Brian and Janice Mahany Marilyn Ebaugh The Rev. Nikki Seger The Rev. Steven Domienik Ioan Smith Jerry Dahlberg Noah and Elizabeth Belanger Iames and Iill Cutshaw Scott and Dawn Sochor Jodie Curry Keith and Sherri Rouse Kenneth and Katherine Dimoff Natasha Gilman Michelle and Bruce Feldhauser Judith Green Scott and Katie Dietrich The Rev. Ronald C. Byrd, Sr. and Family

Business Sponsors

Abbott Insuramnce Hacker-King-Sherry Agency Studio Shop ClearResults **Dewitt Community Concert** Band Kiwanis Club of Williamston University Lutheran Church Central Pharmacy Graff Chevrolet - Okemos Mark Your Roots The Studio Shop Mareck Family & Geriatric Services, PC Hawley Appraisal Services Oak Lane Golf Course Tavern 109 Lansing Lugnuts Van Atta's Great Lakes Loons Barretts Detroit Red Wings Williamston True Value Hardware Bravo Claddagh Irish Pub Meridian Sun Golf Course Glenbrier Golf Course Eldorado Golf Course Backyard Barebeque Spartan Tax Relief Abbott Insurance Independent Bank Ingham County Medical Care Facility MSU College of Nursing The Episcopal Diocese of Michigan Okemos Doggy Day Care T & D Coney Isalnd

Red Robin

Ellie's Country Kitchen Pine Hills Golf Course Smokey Bones Buddies Pub & Grill Blondies Grand Traverse Pie Company Chilis Coral Gables Potter Park Zoo Kellie's Consignment Maple Street Mall Dusty's Cellar Okemos Golf Range Applebee's Woody's Oasis Jimmy's Pub Cracker Barrell Celebration Cinema Purple Rose Theater Leading Edge Vivees Floral Garden Douglas J Williamston Theatre Zucker Chiropract Indian Hills Golf Course Meijer Massage Bliss Great Harvest Bread Company **Detroit Tigers** Old Chicago Studio C Michigan Lighthouse Gallery Framers Edge Sundance Jewelry Wheat Jewelers City Limits Bowling Alley Williamston Wellness Pure Barre Sokol Blosser Winery NCG Movie Theater

TIME AND TALENT CONTRIBUTIONS

Laura Rogers, Kensington Nature Center

Courtney Tang, Capital Area District Library

Kathleen and Gibbs, *Pet Therapy*

Debby Harris and Garden Team, Master Gardener

Jacalyn McDonald, Williamston District Library

Gene Wasserman, Michigan Blue Bird Society Sarah Hawley, Life Enrichment Volunteer

Chuck Featherly, Building Maintenance

Beckie Corner Bible Study



Contact Robert Valasek at (517) 349-3101 to register or visit our website at www.forsterwooods.org

All proceeds benefit Forster Woods Adult Day Center a nonprofit 501(c)3

MONPROFIT ORG.

Presorted Standard
U.S. POSTAGE PAID
WILLIAMSTON, MI
PERMIT No. 142

Return Service Requested

Forster Woods Adult Day Center 4656 N. Meridian Road Williamston, MI 48895