



*Supporting caregivers,
and their loved ones . . .*

2018 ANNUAL REPORT



ABOUT FORSTER WOODS

Forster Woods Adult Day Center is a professionally supervised day program serving the elderly and other adults with physical or mental impairments. We provide a structured day program that includes meaningful social, cognitive, creative, and sensory activities in a warm, caring and secure environment. The program is individualized for each person based on the participant's individual plan of care.

Our Mission

To support caregivers and their loved ones by providing a safe, comfortable and reliable day service for adults who require assistance with daily living activities and would benefit from a compassionate environment with opportunities for socialization.

TESTIMONIALS

I am awe struck at the loving kindness shown by everyone associated with Forster Woods Adult Day Center! You succeed at providing creative, fun and engaging activities on a daily basis. You are all outstanding individuals doing extraordinary work!! I am deeply, deeply grateful to each and every one of you!! With gratitude and much love!

Linda, wife of Bob

Dan very much enjoys his time at Forster. He gets lots of attention, and love from everyone. He does love to sing old songs and hymns which I know you do sometimes. There are always puzzles and other activities he can do with help. I so appreciate all the love and attention he receives. He loves to go outside for walks and is able to do that with your caring staff. Each caregiver shows special interest and love for each client. I have learned so much just from observing. You have made it possible for me to take better care of Dan and myself.

Sheila, wife of Dan

Thank you for taking such wonderful care of Linda. She enjoys spending time with you.

Carol, sister of Linda

OUR PARTICIPANTS



Chris has been attending the day center for 3 years. Chris lives in an adult foster care home and in order to remain active in his community, he attends Forster Woods five days a week. Chris enjoys large motor activities, sports talk, cognitive activities, and community outings. Chris has a wonderful sense of humor and an infectious laugh that can be heard throughout the day center.



Suzanne has been attending the day center for almost a year and a half. Suzanne attends five days a week which has allowed her husband to continue working. Suzanne is a very talented painter and has brought in her beautiful watercolor paintings for us to display at the day center. Suzanne also loves music activities as well as our visits from our Exercise Specialist, Michele. Suzanne's beautiful smile brightens our day!



Russell has been attending the day center a little over a year. Russell attends three days a week. Russell enjoys our Weekly Men's groups, including Red Cap Society and Sports Talk. Russell also enjoys our weekly Pet Therapy sessions. Russell's family has also taken advantage of the Home Care Services we began offering in the Spring of 2018.

FROM OUR EXECUTIVE DIRECTOR

We have had another amazing year at Forster Woods! We experienced remarkable growth, welcoming 62 participants while providing respite for 75 caregivers.

Our day at Forster Woods begins with individual cognitive activities followed by a morning snack and Daily Chronicles. We then enjoy group cognitive activities, large motor activities and music before having lunch. The afternoon is filled with creative expressions, exercise, an afternoon snack and table games. We welcome regular visitors who provide presentations and share their talents.

In April, recognizing the needs of our caregivers and their loved ones, Forster Woods began offering Home Care services. We were surprised by how many of our caregivers needed this service and quickly added additional staff to meet their needs.

Our 4th Annual Benefit Dinner and Silent Auction was a spectacular event aboard the Michigan Princess Riverboat. We raised \$18,319.50 bringing our total fundraising efforts for the year to \$32,605.11! We thank you for your support!

Save the date of June 29th for our Inaugural Golf Scramble at Wheatfield Valley Golf Course. Registration and additional information will be available soon at www.forsterwoods.org. Forster Woods Board is also working on plans for our 5th Annual Benefit Dinner and Silent Auction with a tentative date set for October 5th. More information will be available soon!

I am constantly reminded of the importance of the work that we do and service we provide to the community. Many caregivers are in need of support and respite and as always it is our pleasure to share in the care.

As we move into 2019, I am excited about the opportunities and possibilities that await us.

Warmest Regards,
Jennifer A. Putmon
Executive Director

BOARD OF DIRECTORS

Jerry Dahlberg

Chairman of the Board

Jackie Gargano, RN, CNOR

Vice Chairman of the Board

Rick Laub

Treasurer

Tom Corner, PhD

Secretary

Rebecca Branch

John Grettenberger

Barbara Sawyer-Koch

Randolph F. R. Rasch, PhD, RN, FNP, FAANP

Jayne Ward, D.O.

Chuck Spanburg

Roxane Chan, PhD, RN, AHN-BC, LMT

Chuck Featherly

EXECUTIVE STAFF

Jackie Gargano, RN, CNOR

Chief Executive Officer and Registered Nurse

Jennifer A. Putmon, CDP

Executive Director

Katie Dietrich

Director of Programs

Robert Valasek

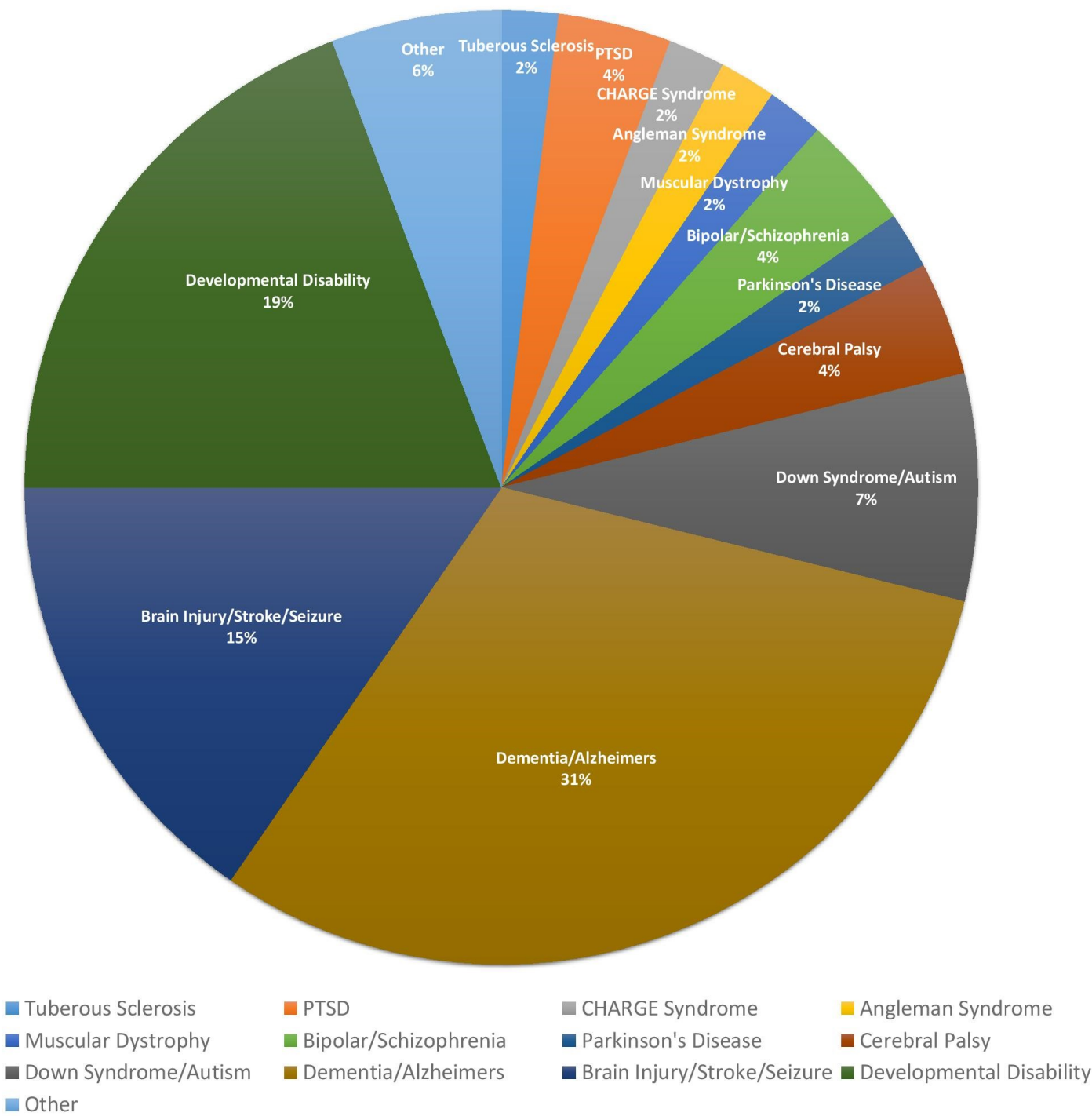
*Life Enrichment Director and
Community Relations Assistant*

AFFILIATIONS

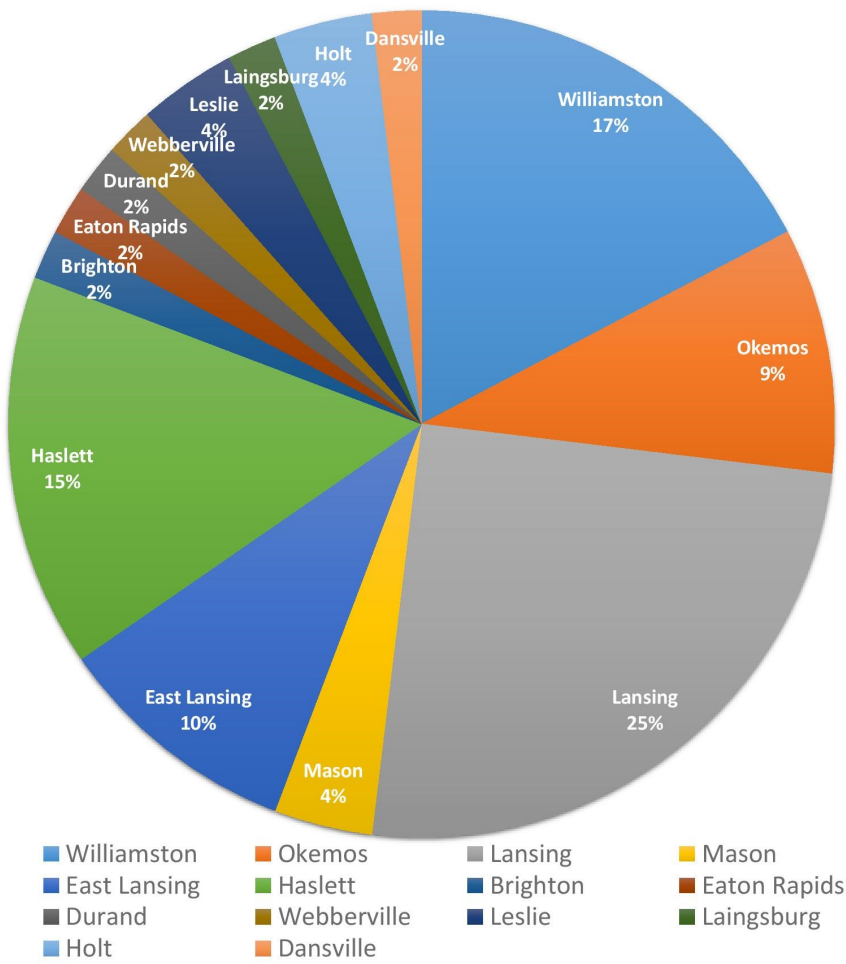
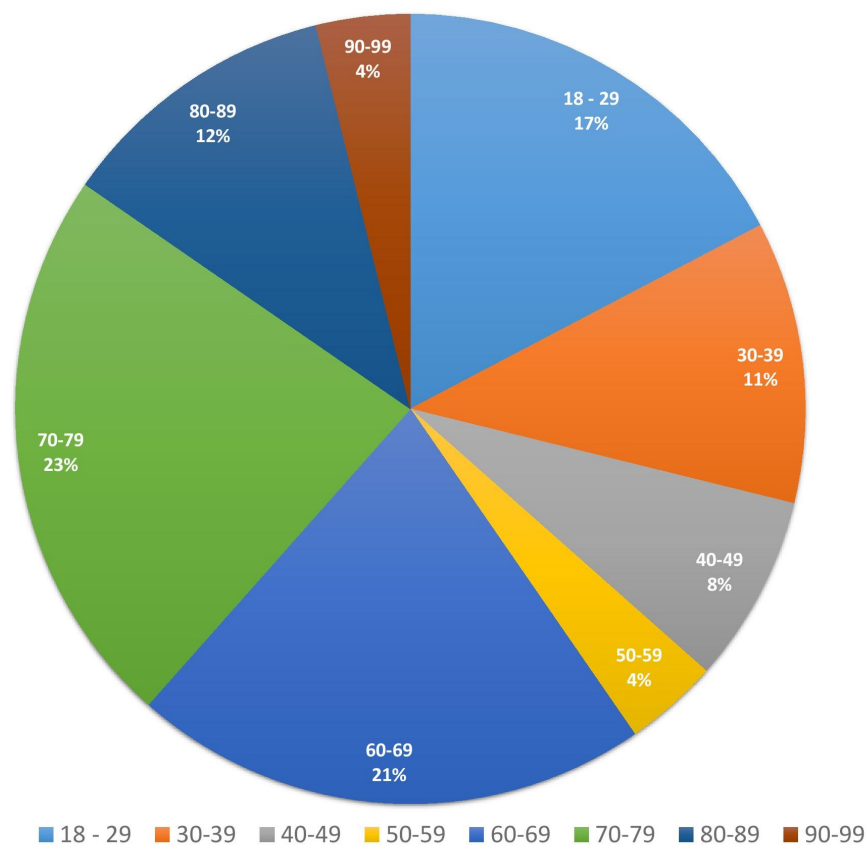
Forster Woods Adult Day Center is an Outreach Ministry of St. Katherine's Episcopal Church and has contracts with Tri-County Office on Aging, Community Mental Health, Michigan Department of Health and Human Services, and the Child and Adult Care Food Program. Forster Woods is a member of the National Adult Day Services Association, Michigan Adult Day Services Association, and the National Council of Certified Dementia Practitioners. Forster Woods is honored to be a part of Michigan State University's Nursing Education Program and Baker College of Owosso Fieldwork Program for Occupational Therapy Assistant Students.

WHO WE HELP

In these charts we show a wide variety of diagnoses, age ranges, and geographical areas that we serve. It is our priority to focus on each individuals abilities and provide a person centered care plan for each individual.



WHO WE HELP



HIGHLIGHTS OF 2018

JANUARY



We were off to the races with our new horse race game. Participants have really enjoyed betting some of their Forster Bucks on their favorite horse during this activity.

FEBRUARY



We can always count on Micah, one of our Life Enrichment Assistants, to bring in a new, fun and exciting game. Yikerz is a magnetic board game that the participants really enjoyed!

MARCH



We enjoyed a trip to City Limits for bowling and pizza. Our participants really look forward to these Community Outings.

APRIL



Through a grant from the Episcopal Diocese of Michigan, our participants have been fortunate to receive a visit from Michele, our Exercise Specialist, twice a week.

HIGHLIGHTS OF 2018

MAY



In May, Forster Woods held their 4th Annual Benefit Dinner and Silent Auction aboard the Michigan Princess Riverboat. It was a wonderful evening cruising the Grand River enjoying music provided by the Lansing Eastern High School Jazz Band.

JUNE



We were all excited as the warmer weather of Spring and Summer moved in. We took full advantage of the beautiful grounds of St. Katherine's and engaged in many wonderful activities outside.

JULY



We are very grateful for the musicians on staff as well as those that visit from the community. We all enjoy a visit from our favorite Accordion Player, Lary Hill.

AUGUST



We enjoyed the last day of their summer session with our Michigan State University Nursing Students. The students brought in clay for the participants and we all had a great time being creative with the modeling clay.

HIGHLIGHTS OF 2018

SEPTEMBER



We were so excited about our special guest visitors in September. Charlie and George, mini therapy horses, joined us for a fun afternoon. We appreciate Little Horse Big Smiles, Inc. for sharing their wonderful therapy horses with us.

OCTOBER



Participants and staff had a wonderful Halloween celebration! We enjoyed various arts and craft activities, exercise therapy with Michele, games including Witch Pitch and Bobbing for Eyeballs, costume contests and so much more! Thank you to Gaby and Zoe, two of Forster Woods Life Enrichment Assistants, for putting together this fun event!

NOVEMBER



Creative Expressions is one of our participants favorite activities. Arts and crafts, watercolor painting, ceramic painting, and making something out of modeling clay allows our participants to connect with their creative side.

DECEMBER

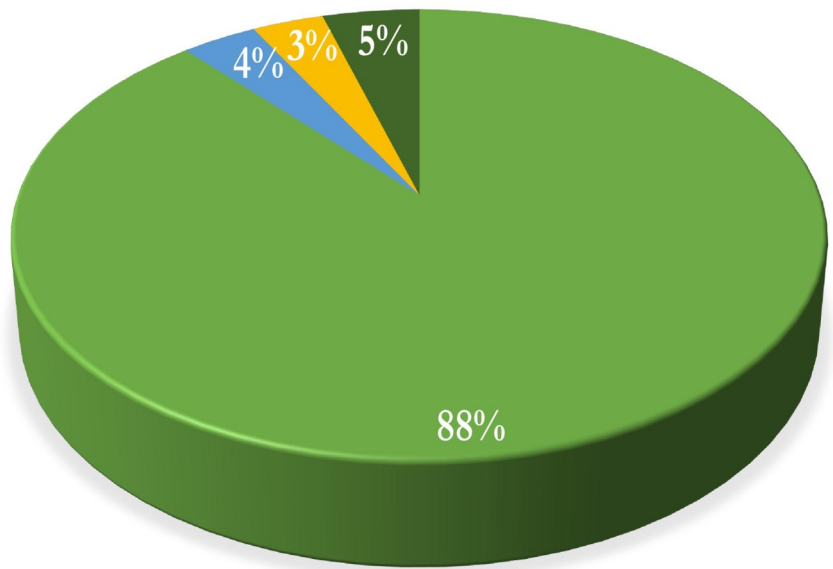


In December, we enjoyed some very special visitors! Elvis Presley and Frank Sinatra joined us for our music segment. Our participants enjoyed watching them perform and sing some of their favorite songs. After the performance participants lined up to get a photo with Elvis!

2018 FINANCIAL STATEMENT

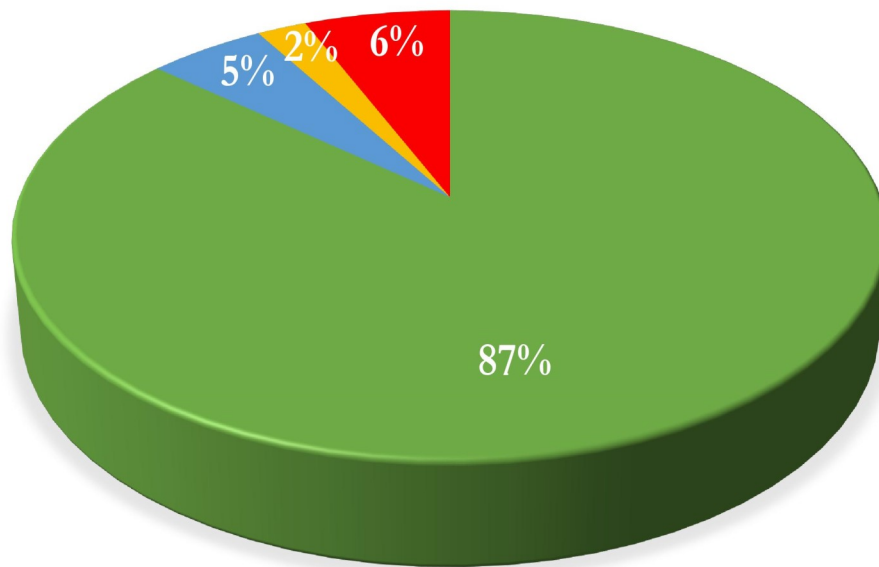
REVENUE

Program Services	\$356,081.30
Community Support	\$14,285.61
Grants*	\$13,500.00
Fundraising	\$18,319.50
Total Revenue	\$402,186.43



■ Program Services ■ Community Support ■ Grants ■ Fundraising

* Forster Woods appreciates the continued support of **The Episcopal Diocese of Michigan** through grant funding that supports continuing education of our staff as well as program activities for our participants. Forster Woods also appreciates the support of the **Community Foundation** which provided grant funding for an organizational assessment as well as board training with a fund development component facilitated by the **Nonprofit Network**.

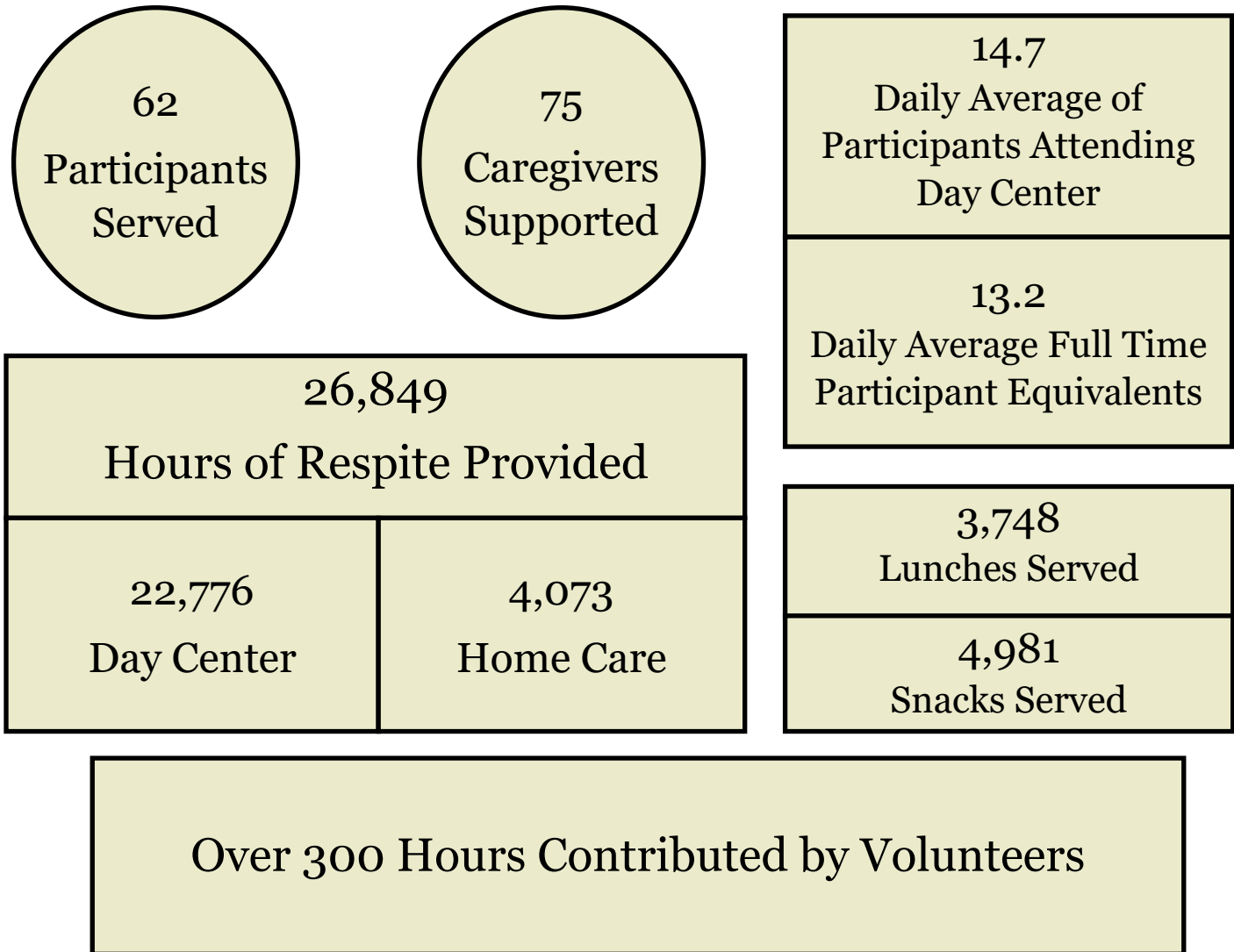


■ Program Services ■ Facilities and Equipment
 ■ Fundraising ■ General and Administrative

EXPENSES

Program Services	\$335,808.50
Facilities and Equipment	\$19,902.52
Fundraising	\$8,405.79
General and Administrative	\$24,701.51
Total Expenses	\$388,818.33

FORSTER WOODS BY THE NUMBERS 2018



FORSTER WOODS STAFF

Forster Woods is blessed to have a qualified and caring staff who are committed to our mission of supporting caregivers and their loved ones.

Life Enrichment Assistant

Justin Jackson,
Life Enrichment Coordinator

Alycia Boik,
Life Enrichment Coordinator

Thomas Bates,
Dietary Chef

Alexandria Broskey
Brittany Hilts
Daryl Jones
Gabriela White
Hazel Page
Julia Wright
Kellen Taylor
Kobie Houston
Krysta Hogge
Kynihay Brown
Lisa Raatz

Marisol Campos-DeLeon
Micah Brown
Natasha Gilman
NaTosha Harris
Nellie Pence
Rhonda Hilts, CNA
Samantha Shassberger
Shelby Hawn
Susan Taylor
Tameka Culpepper
Zoe Gagne

ACKNOWLEDGEMENT OF COMMUNITY SUPPORTERS

Forster Woods has become a beacon of light in our community and would not be possible without the many individuals that have supported our program. We are grateful for your generous support.

Barbara McMillan	Betty Francis	Terry Apple	Massage Bliss
Ron and Sue Kinell	Michael and Erin	Nicole and Alex Gargano	Wares Pharmacy
Patricia Ann Winkler	Winklepleck	Nancy and Andrew Corner	Great Harvest Bread
Andy Friar	Tom and Beckie Corner	Heather Graham	Company
Kurt Temple	Larry and Kathleen Gut	The Rev. Sue Carter	Blondies Barn Restaurant
Chuck Featherly	Jon and Sue Hall	John Roy Castillo	The Daily Scoop
Grace VanValkenburg	Larry and Kathleen Mysliwiec	Shannon Fineout	Grand Traverse Pie Company
Josephine Goedert	Martha Britten	Jim Neumann	Erin Wichman
Jim Ecklund and Karen East	Mark and Toni Talbot	Brenda and Todd Gardner	Tavern 109
Heather Hamilton	Sarah Hawley	Dr. David Shneider	Douglas J Day Salon
Laura Hanson	Joan Smith	Virginia Orabone	Doggy Day Care and Spa
E. Dean and Lisa Blazer	Kay and Phil Pixley	Pete Johnston and Katie	Ozzy's Kabob
Zola Olson	Philip and Nancy Harns	Wittenauer	Lansing Lugnuts
Joyce Renfrew	Roger and Jackie Gargano	Ronald Wittenauer	Peanut Shop
Jeff Johnson and Debby	Chuck and Kathy Spanburg	Alexis Smith	MSU Credit Union
Harris	Meredith and Randy Swamp	Mary Jane Wilson	Elegant Pooch
Jennifer Branch	Jerry Dahlberg	Bob and Pat Blakeman	Zucker Chiropractic
Ben and Polly Schwendener	Jan Rouse	Dan and Sheila Fulger	Meridian Sun Golf Club
Reyanldo Castellon	Rick and Carol Laub	Charlaine Ezell and Fred	Creative Wellness
Max and Deborah Pierce	Darlene Lane	Diehl	Purple Rose Theater
Helen Johnson	Barbara Sawyer-Koch		Firekeepers Casino
John and Jane Grettenberger	Keith and Sherri Rouse	<u>Business Sponsors</u>	Williamston Wellness
Janet Mitchell	David and Amanda Hess	LorAnn Oils, Inc.	Sokol Blossery Winery
Winston Stebbins	Hourai Hassouna	Sparrow Medical Supply	Williamston Pub and Grill
Lille Foster	The Rev. Ronald and Jennifer	Bosworth Redi Care	Granger Captain Curby
Mary Ellen Sheets	Byrd	New Style Salon	Sundance Jewelers
Randy and Carol Putmon	Joann Marshall	Ingham County Medical Care	Hawk Hollow Golf
Sandra and James Fogus	Christine and David	Facility	Properties
Melissa Sellers	Mergener	Old Nation Brewing	Burgdorf Winery
Barry and Suzanne Saltman	Robert and Susan Pigg	Company	Thee Electric
Cynthia Suppnick	Amy Peck	Episcopal Diocese of	Meijer
Ruth Ann Smith	John and Angela Carey	Michigan	Old Chicago
Nancy Rotarius	Linda Jeanne Keilman	Graff Chevrolet - Okemos	Biggby
Roxane Chan	Lance and Gigi Anderson	Dr. Christopher Alvarado	Cutco Stores
Bruce Cochran	James Dust-Ee Acres	Theresa Alvarado	Michigan State University -
Sharon Borochoff	Stacey Swift	Edward Jones	College of Nursing
Kay Kujala	Tanya and Terry Galmore	Sunnyside Café	

TIME AND TALENT CONTRIBUTIONS

Lary Hill, <i>Accordian</i>	Kathleen and Gibbs, <i>Pet Therapy</i>	Rachel DeShambo, <i>Life Enrichment Volunteer</i>
Laura Rogers, <i>Kensington Nature Center</i>	Debby Harris and Garden Team, <i>Master Gardener</i>	Sarah Hawley, <i>Life Enrichment Volunteer</i>
Bill Nelson, <i>Capital Area District Library</i>	Jacalyn McDonald, <i>Williamston District Library</i>	Chuck Spanburg, <i>Life Enrichment Volunteer</i>
Courtney Tang, <i>Capital Area District Library</i>	Gene Wasserman, <i>Michigan Blue Bird Society</i>	Chuck Featherly, <i>Building Maintenance</i>



WHEATFIELD VALLEY
GOLF COURSE



8:00 a.m.
Registration
9:00 a.m.
Shotgun Start

Golf Scramble

Saturday,
June 29,
2019

Entry Fee:
\$75 p/person
Includes cart
and Dinner

Course Games

Poker
Hole-in-One
Skins

Hole Prizes
50/50 Raffle
Silent Auction

Wheatfield Valley Golf Course, Williamston, Michigan

Contact Robert Valasek at (517) 349-3101 to register or visit our website at www.forsterwoods.org

All proceeds benefit Forster Woods Adult Day Center a nonprofit 501(c)3

Forster Woods Adult Day Center
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Williamston, MI 48895
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