



*Supporting caregivers,  
and their loved ones . . .*

## **2015 ANNUAL REPORT**



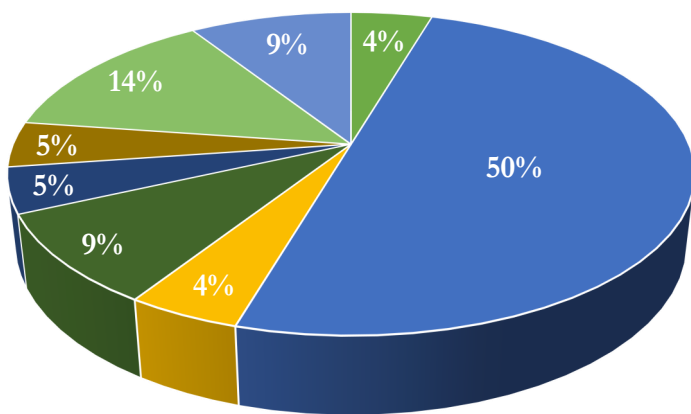
## ABOUT FORSTER WOODS

Forster Woods Adult Day Center is a professionally supervised day program serving the elderly and other adults with physical or mental impairments. We provide a structured day program that includes meaningful social, cognitive, creative, and sensory activities in a warm, caring and secure environment. The program is individualized for each person based on the participant's individual plan of care.

### *Our Mission*

*To support caregivers and their loved ones by providing a safe, comfortable and reliable day service for adults who require assistance with daily living activities and would benefit from a compassionate environment with opportunities for socialization.*

## WHO WE HELP



- Progressive Supranuclear Palsy
- Alzheimer's and Dementia
- Downs Syndrome
- Stroke
- Seizure Disorder
- Macular Degeneration
- Isolation
- Parkinson's

## OUR PARTICIPANTS



Terry has been attending Forster Woods for a little over a year. Terry has macular degeneration and is prone to isolation. He says that he enjoys coming to the day center four days a week. Terry never did creative activities before.

He says, "I can't believe we can do the things we do and have them turn out like something." Of the staff he says, "they are good people and go out of their way to make things better."

Ron began attending Forster Woods in the Spring to allow his wife Sue some time for respite. Ron has Parkinson's disease. Ron enjoys conversations about history and occasionally will prepare presentations for our participants. Ron has a beautiful singing voice and we all look forward to hearing him sing. Sue has found some time to get some things done as well as time to enjoy some other leisurely activities like having lunch with old friends.



Melanie had Progressive Supranuclear Palsy. Melaine required round the clock care from her loving husband Jim. To allow Jim some respite and time to enjoy the things that he loves like golf and bridge club,

Melanie attended the day center two days a week. Melanie passed away on December 29th. Melanie's sense of humor and laughter is what we will remember most. It was an honor to share in her care.

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## FROM OUR EXECUTIVE DIRECTOR

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What an amazing year it has been at Forster Woods. We experienced exceptional growth, welcoming 22 participants while providing respite for 31 caregivers.

Our day at Forster Woods begins with individual cognitive activities followed by a morning snack and Daily Chronicles. We then enjoy group cognitive activities, large motor activities and music before having lunch. The afternoon is filled with creative expressions, exercise, an afternoon snack and table games. Occasionally we welcome visitors who provide presentations and share their talents. We have enjoyed two community excursions to City Limits Bowling Alley and the Michigan State University Museum.

Our Inaugural Benefit Dinner and Silent Auction was a marvelous event and could not have been achieved without the hard work of Candy Womble and her wonderful planning committee and support of the Episcopal Church community. It was an honor to have The Right Reverend Barbara Harris, the first woman bishop consecrated in the Anglican Communion as our keynote speaker. Plans are already underway for our 2nd Annual Benefit Dinner and Silent Auction.

Beyond the day to day operations at Forster Woods, I serve on the Executive Board for Michigan Adult Day Services Association which offers a resource for service providers in addition to educators, researchers, advocates, volunteers and others who are involved in this field. Along with our Program Supervisor, Elaine Antcliff, we also provide an Alzheimer's Support Group once a month. Finally we offer presentation at various events, sharing our experience and knowledge with the community.

As I reflect on 2015, I am aware of the importance of the work that we do and service we provide to the community. Many caregivers are in need of support and respite and as always it is our pleasure to share in the care.

As we move into 2016, I am excited about the opportunities and possibilities that await us.

Warmest Regards,  
Jennifer A. Putmon  
Executive Director

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## BOARD OF DIRECTORS

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**The Rev. Ronald C. Byrd, Sr., CDP**  
*Chief Executive Officer and Chairman of the Board*

**Jerry Dahlberg**  
*Vice Chairman of the Board*

**Dave Matejko**  
*Treasurer Protem*

**Tom Corner, PhD**  
*Secretary*

**Rebecca Branch**  
**Jackie Gargano, RN**  
**John Grettenberger**  
**Cheri Ramirez, MS, OTRL**  
**Barbara Sawyer-Koch**  
**Jayne Ward, D.O.**

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## STAFF

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**Jennifer A. Putmon, CDP**  
*Executive Director*

**Elaine Antcliff, CNA**  
*Program Supervisor*

**Jackie Gargano, RN**  
*Registered Nurse*

**Anna Filice**  
**Sue Hall**  
**Sarah Hawley**  
**Hazel Page**  
**Kay Pixley**  
**Gay VanValkenburg**

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## AFFILIATIONS

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Forster Woods Adult Day Center is an Outreach Ministry of St. Katherine's Episcopal Church and has contracts with Tri-County Office on Aging and Community Mental Health. Forster Woods is a member of the National Adult Day Services Association, Michigan Adult Day Services Association, and the National Council of Certified Dementia Practitioners. Forster Woods is honored to be a part of Baker College of Owosso Fieldwork Program for Occupational Therapy Assistant Students.



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## HIGHLIGHTS OF 2015

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### JANUARY



Our participants enjoy our monthly visit from Judith for baking. We always make something delicious!

### FEBRUARY



We hosted the Early Stage Alzheimer's Support Group on February 9th. Visitors, participants and staff enjoyed a delicious lunch, cookie decorating, and pet therapy.

### MARCH



Participants enjoyed making their Antique Foil Monogram Frames.

### APRIL



On April 12th, 175 community supporters attended Forster Woods Inaugural Benefit Dinner and Silent Auction. We were blessed to have The Right Reverend Barbara Harris, the first woman bishop consecrated in the Anglican Communion as our keynote speaker.

### MAY



Our pen pals from Leslie Middle School came for a afternoon of games, lunch and crafts. Everyone enjoyed taking pictures at the photo booth with their pen pal.

### JUNE



Fern's Garden has been a lovely addition to our center. We enjoyed many warm afternoons on the patio appreciating the beautiful garden and sunshine while engaging in conversation.

## JULY



Jakob and his fellow scouts joined together to paint Forster Woods in July as part of his Eagle Scout Service Project. Jakob was kind enough to come into the center and explain the project to our participants. It was a wonderful presentation. Thank you all so much for your hard work!

## AUGUST



Participants enjoy taking daily walks on the beautiful grounds and resting on the shaded benches.

## SEPTEMBER



In addition to joining with the Alzheimer's Association in the Walk to End Alzheimer's, we celebrated National Adult Day Center

Week with a variety of different activities. We enjoyed many special visitors including Bill Nelson from Capital Area District Library; Olivia Antcliff from Orion Dentistry; as well as an accordion player, Lary Hill. The highlight of our celebration week included a trip to City Limits Bowling Alley in Mason. Participants and staff had a wonderful afternoon of bowling, pizza, good conversation and most important smiles and laughter.



## OCTOBER



Making applesauce the old-fashioned way. The scent of the apples cooking was aromatic.

## NOVEMBER

Forster Woods Executive Director Jennifer Putmon and Program Supervisor Elaine Antcliff presented at Mindful Movement in East Lansing's Aging Gracefully Event. It was a pleasure to share with them the benefits of creative activities.

## DECEMBER

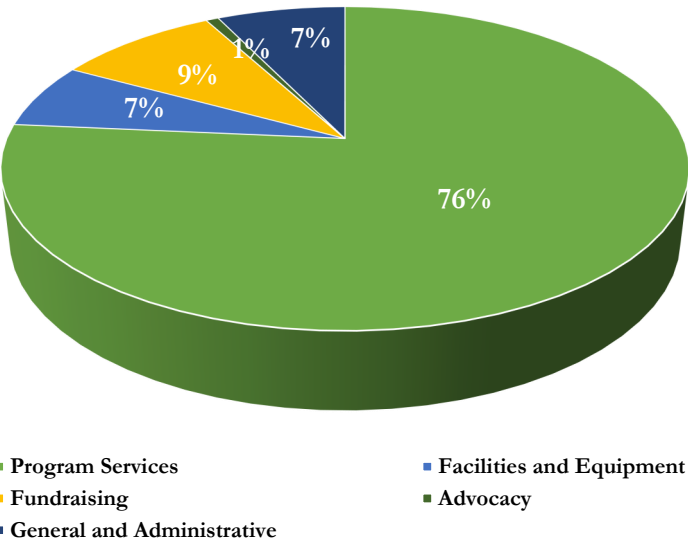
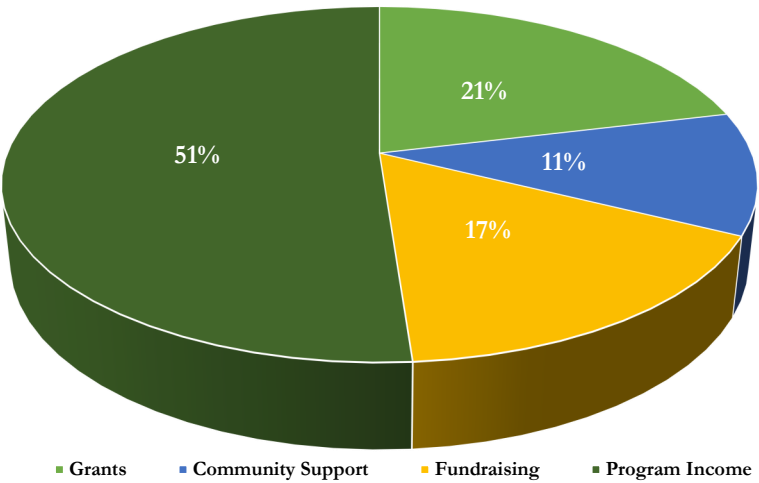


Our caregivers, participants, staff and volunteers and Board of Directors gathered together on December 8th for a holiday dinner and caroling. It was a wonderful fun-filled event.

# FINANCIAL STATEMENT

## REVENUE

Program Services	\$53,260.83
Community Support	\$11,722.81
Grants	\$22,393.00
Fundraising	\$17,404.31
Total Revenue	\$104,780.95



## EXPENSES

Program Services	\$71,848.30
Facilities and Equipment	\$6,107.56
Fundraising	\$8,580.58
Advocacy	\$667.65
General and Administrative	\$6,938.77
Total Expenses	\$94,142.86

# FORSTER WOODS BY THE NUMBERS

- 22 Participants Served
- 31 Caregivers Supported
- 1,020 Meals served
- 5,812 Hours of program and services provided
- 295 Hours contributed by volunteers
- 24 hours provided for support groups



## ACKNOWLEDGEMENT OF COMMUNITY SUPPORTERS

Forster Woods has become a beacon of light in our community and would not be possible without the many individuals that have supported our program. We are grateful for your generous support.

Debra Hedemark  
Johanna Hanover  
Russel and Judith Whipple  
Rebecca Branch  
Margo and Rodney Clickner  
Michael and Judy Baker  
Chuck Featherly  
Gwendolyn Walker  
Janice Pfeifer  
Birger Anderson  
Thomas and Katherine Platte  
Zola Olson  
Edwina A. Simpson  
Andy and Annie Glaub  
Rogelio and Cheri Ramirez  
Virginia Orabone  
Alma Mayson  
Jim Ferguson  
Cynthia Hosimer  
Pat East  
Lee and Virginia MacGillivray  
Karen Clarke  
Thomsina Canty  
Charley and Lillie Bilberry  
Susan Behnke  
Katherine Knight  
Joyce Renfrew  
Charlaine and Frederick Diehl  
Tom and Beckie Corner  
Rick and Carol Laub  
Jon and Sue Hall  
Sarah Hawley  
Jane Rose  
Lisa Gray  
Kristina and Paul Beckett  
Canon JoAnn Hardy  
Darwin Brewster  
Cori Cole  
Kay and Phil Pixley  
Steven Ware  
Eleanor Doersam  
Ann Blair  
Rev. Richard Hamlin  
Grace VanValkenburg  
Jim Ecklund and Karen East  
Roger and Jackie Gargano  
Andy and Carolyn Such  
John and Karen Bollman  
Christopher Alvarado, DO  
Anne Watson  
Stillwater Grill  
Lansing Institute of  
Behavioral Medicine  
Union of Black Episcopalians  
Chris and Andrea Hepworth  
Barbara J. Sawyer-Koch  
O'Connor Occupational  
Therapy Services, PL  
Episcopal Church Foundation

Mason Family Dentistry, PC  
St. Clement's Episcopal Church  
Louis and Joan Legg  
Lynne Villalobos  
William and Shannon Fineout  
Rev. Ellis Clifton, Sr.  
Ben and Polly Schwendener  
Dave and Veronica Matejko  
Barbara Porter  
Cedric Flounory  
Judge Hugh B. Clark  
Mary Fowler  
Miller Photography  
Mark and Toni Talbot  
LorAnn Oil  
Pete DaSilva  
Pat Bilingier  
Sparrow Community Care  
New Style Salon  
John and Jane Grettenberger  
Bosworth Urgent Care  
The Rev. Ronald C. Byrd, Sr.  
and Jennifer Byrd  
Dennis and Candy Womble  
Betty Francis  
Jackie Womble  
Bill and Louise Selanders  
Rev. Susan Carter  
Rev. Kit Carlson  
Barbara Porter  
The Episcopal Diocese of  
Michigan  
Bishop Wendell N. Gibbs, Jr  
And Karlah Gibbs  
St. Barnabas Episcopal Church  
Reg and Dana Riggs  
Penny Fischer  
Mike and Jennifer Gardner  
John and Lisa Ghashtin  
Elegant Pooch Pet Salon  
McAlister's Deli  
VanAtta's Greenhouse  
Haslett TruValue Hardware  
Brookshire Golf Club  
University Club of MSU  
Lansing Area YMCA  
Douglas J Salon  
Grand Traverse Pie Company  
Carolyn Burris  
Francie Ditttrich  
Kendra Robinson at Head to  
Toe Salon  
Meridian Sun Golf Club  
Cedar Creek Veterinary Clinic  
Williamston Wellness  
Tavern 109  
Bucket Bar & Grille  
Red Cedar Grill  
Mary Rapá

Jackie Womble  
Creative Wellness  
Lance and Gigi Anderson  
Doctor's Approach  
Annabelle's Pet Station  
Court One Athletic Club  
St. Katherine's Outreach  
St. Katherine's Altar Guild  
Sew This and Sew That Quilt  
Guild  
MSU Athletic Director Mark  
Hollis  
Bob Dingman  
St. Katherine's Acolytes

### **In memory of Sharon Anderson**

Laura and Charles Reed  
Peter and Susan Gilgen  
Chris and Andrea Hepworth  
Patricia Peterson  
David and Lisa Klingbiel  
Deann Charlesbois  
Karen Cheadle  
Donna Baker  
Luanne Dancer  
Jeffrey Johnson and Deborah  
Harris  
John Black  
Andrea and Catherine Rieman  
Kara and Tom Stuewe  
Mary Mangles  
Barbara Pelton  
Dennis and Sharon Whipple  
Thomas and Janet Hummer  
Jon and Mary Francis  
Julia Gudmundsen and Patrick  
Gadola  
Ted and Kim Clark

### **In memory of Fern Featherly**

Fern's Grandchildren: Ashley,  
Shannon, Zachrey; Maxwell,  
Marcus, Malorie, and Camden.  
Jan Pfeifer  
Jim Ecklund and Karen East  
John and Jane Grettenberger  
Ben and Polly Schwendener  
William and Mary Savage  
Mary Ann Frahm  
Edward and Tina Bradley  
W. G. and B. J. Upleger  
Daniel and Jeanne Sullivan  
Williamston Baseball Boosters  
John and Annette McKinley  
Dave and Carol Fletcher  
Helen and Terry Weiss  
Chuck Featherly  
Theresa and Robert Savage  
Mary Alice Erbele

Kent and Cheryl Hall  
William Stelzer  
Intercarrier  
Jean Sneeringer  
William Turner  
Marjorie Poland  
Jayann Mitchell  
Elsie Fournier  
Shirley and David Ford  
Dennis and Gretchen  
Rosenbrook

### **In memory of Dillon Blair**

Robert and Sharon Flick  
Janey Ladd  
Edward and Cynthia Tank  
Kerry and Kimberly Underhill  
Linda Ruehle

### **In memory of Joyce Carter**

William and Mary North  
Carolyn and Thomas Valco  
G. G. and L. D. Colburn  
Brenda and Robert Ferralasco  
Susan Richardson  
Merl and Susan Messenger  
Robert and Rexa Pickett  
Jim and Claudia Goacher  
Peter and Susan Tomko  
James and Cynthia Martin  
Michael and Jennifer Malmquist  
Jane Johnson

### **In Kind Donations**

Lary Hill, *Accordian*  
Laura Rogers  
*Kensington Nature Center*  
Rebecca Scofield, *Pianist*  
Lisa Summers, *Pianist*  
Bill Nelson,  
*Capital Area District Library*  
Carol Ray and Remi, *Pet Therapy*  
Gay Eberly and Story, *Pet Therapy*  
Judith Green, *Baking*  
Debby Harris, *Master Gardener*  
Jacob and Eagle Scouts  
Birger Anderson  
Mark Talbot  
Tom and Beckie Corner  
Chuck Featherly  
Fred and Sarah Hawley  
Kay Pixley  
Sue Hall  
Ann Maynard  
Jackie Gargano  
Sue Kinell  
Harry Nawrock  
Jim Neumann



## BIG BANG-QUET

COMMUNITY CHARITY CHALLENGE

Co-sponsored by  
  


### We Need Your Votes!

Help us win a \$10,000 credit towards our **2nd Annual Benefit Dinner and Silent Auction** at the fabulous University Club by voting for us in the **Big Bang-quet Community Charity Challenge**! Each "vote" is cast with a \$5 tax-deductible donation to the Capital Region Community Foundation. We'll receive the funds\* raised from our votes, plus with your help, we'd like to win the \$10,000 Grand Prize!

**Cast Your Votes at:**

<http://bit.ly/Vote4ForsterWoods>

**Voting Open: February 22 - March 22**

\* The CRCF will retain a small percentage of the donations to cover processing fees.  
The Big Bang-quet is sponsored by the University Club, MSU Federal Credit Union, & the Capital Region Community Foundation.



*SAVE THE DATE*

## FORSTER WOODS' 2ND ANNUAL BENEFIT DINNER & SILENT AUCTION

**~ MAY 20TH 2016 ~**

UNIVERSITY CLUB OF  
MICHIGAN STATE UNIVERSITY

KEYNOTE ADDRESS

*Lt. Governor Brian Calley*

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Williamston, MI 48895  
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