



*Supporting caregivers,
and their loved ones . . .*

2017 ANNUAL REPORT



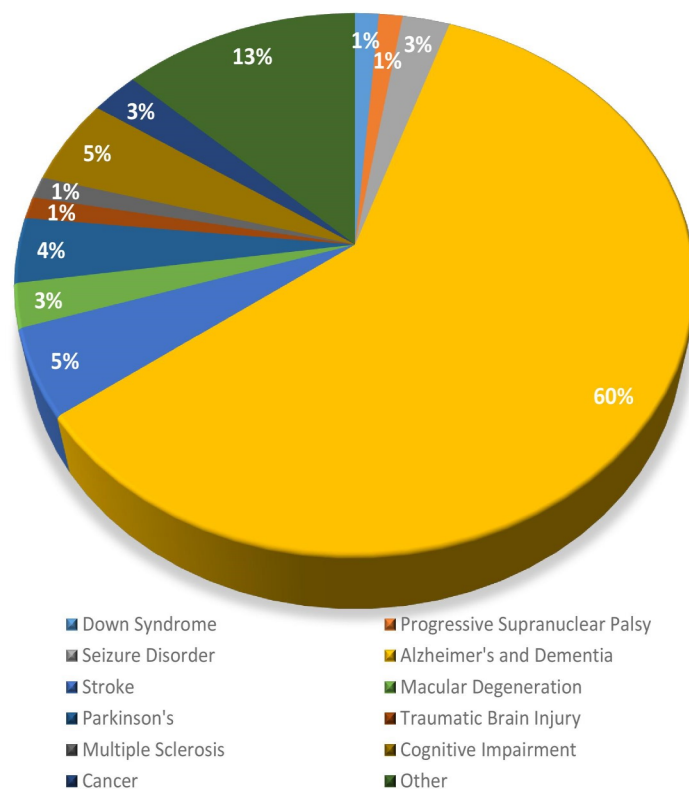
ABOUT FORSTER WOODS

Forster Woods Adult Day Center is a professionally supervised day program serving the elderly and other adults with physical or mental impairments. We provide a structured day program that includes meaningful social, cognitive, creative, and sensory activities in a warm, caring and secure environment. The program is individualized for each person based on the participant's individual plan of care.

Our Mission

To support caregivers and their loved ones by providing a safe, comfortable and reliable day service for adults who require assistance with daily living activities and would benefit from a compassionate environment with opportunities for socialization.

WHO WE'VE HELPED



OUR PARTICIPANTS



Jim has been attending Forster Woods for almost a year and a half. Jim is a very talented artist and we always enjoy seeing the amazing things he creates. He has been featured in our calendar for the past two years. He was very excited to have his art displayed at the art show last Spring. Jim also

has been leading an exercise segment once a week called "Jimercise".



Betty has been joining us for three days a week for almost a year and half. Martha began attending this past Fall and to everyone's surprise reconnected with her niece Betty. They had not seen each other for several years. They enjoy engaging in crafts, bingo, and baking activities.



Jim began attending Forster Woods this past Fall. He started just a couple days a week and enjoyed his time with us so much that he doubled his days of attendance. Jim enjoys the Men's Group activities including Red Cap Society and Sports Talk with Rob.

FROM OUR EXECUTIVE DIRECTOR

We have had another amazing year at Forster Woods! We experienced exceptional growth, welcoming 41 participants while providing respite for 54 caregivers.

Our day at Forster Woods begins with individual cognitive activities followed by a morning snack and Daily Chronicles. We then enjoy group cognitive activities, large motor activities and music before having lunch. The afternoon is filled with creative expressions, exercise, an afternoon snack and table games. Occasionally we welcome visitors who provide presentations and share their talents. We enjoyed our annual community excursion to City Limits Bowling Alley. We were excited to add several new program segments this year including a weekly visit with an exercise specialist, Red Cap Society, Sports Talk with Rob, and Stitches.

In March, Forster Woods was honored to be selected to participate in the Big Bang-quet Community Fundraising Challenge. We raised \$7,929 and, for the second year in a row won the \$5,000 prize for most individual voters. We were amazed by the outpouring of community support in this wonderful community fundraising event.

Our 3rd Annual Benefit Dinner and Silent Auction was a marvelous event. It was an honor to have The Honorable David Hollister as our keynote speaker. We raised an additional \$14,832 bringing our total fundraising efforts to \$22,761! We thank you for your support!

Save the date of May 18th and buy your tickets for our 4th Annual Benefit Dinner. Forster Woods Board is working on plans for this years fundraising event. More information will be available soon!

I am constantly reminded of the importance of the work that we do and service we provide to the community. Many caregivers are in need of support and respite and as always it is our pleasure to share in the care.

As we move into 2018, I am excited about the opportunities and possibilities that await us.

Warmest Regards,
Jennifer A. Putmon
Executive Director

BOARD OF DIRECTORS

Jerry Dahlberg

Chairman of the Board

Jackie Gargano, RN, CNOR

Vice Chairman of the Board

Rick Laub

Treasurer

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Secretary

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John Grettenberger

Barbara Sawyer-Koch

Randolph F. R. Rasch, PhD, RN, FNP, FAANP

Jayne Ward, D.O.

Chuck Spanburg

Avelyn Marshall, RN, LCSW, ACSW

Roxane Chan, PhD, RN, AHN-BC, LMT

STAFF

Jackie Gargano, RN, CNOR

Chief Executive Officer and Registered Nurse

Jennifer A. Putmon, CDP

Executive Director

Rebecca Mergener

Assistant to the Executive Director

Katie Dietrich

Program Supervisor

Robert Valasek

Lead Program Assistant

Hazel Page

Alexandria Swats

Sue Hall

Micah Brown

Sarah Hawley

Chuck Spanburg

AFFILIATIONS

Forster Woods Adult Day Center is an Outreach Ministry of St. Katherine's Episcopal Church and has contracts with Tri-County Office on Aging and Community Mental Health. Forster Woods is a member of the National Adult Day Services Association, Michigan Adult Day Services Association, and the National Council of Certified Dementia Practitioners. Forster Woods is honored to be a part of Michigan State University's Nursing Education Program and Baker College of Owosso Fieldwork Program for Occupational Therapy Assistant Students.

HIGHLIGHTS OF 2017

JANUARY



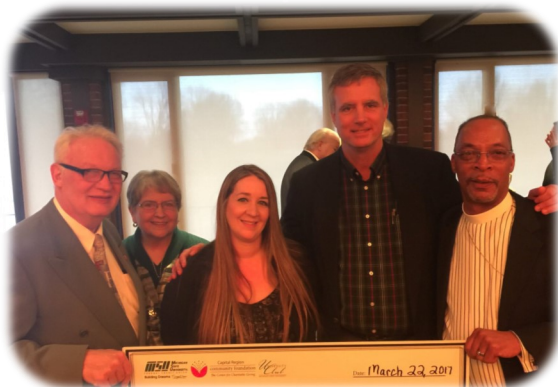
Our participants getting some exercise with the parachute activity.

FEBRUARY



We were gearing up for Mardi Gras during art therapy. This art therapy segment was featured on HOM TV's Senior Living Segment.

MARCH



We were honored to win a \$5,000 prize the 2nd year in a row for most individual voters in the Big Bang-quet Community Challenge.

APRIL



We really enjoy Laura Rogers Nature presentations and Gene Wasserman's bird presentation.

MAY



On May 19th we celebrated our 3rd Annual Benefit Dinner & Silent Auction. The Honorable David Hollister was our keynote speaker.

JUNE



We have always been fortunate with the volunteers that bring their pets to Forster Woods for our participants to enjoy. This year we have had many animal visitors including lambs, mini goats, a snake and of course our weekly dog visitors. Thank you to all our animal visitors for providing us with joy!

JULY



In July, we celebrated our 5 year Anniversary! It was a beautiful afternoon filled with good food and fun! Thank you to all those that came out to celebrate with us!

AUGUST



We added a new knitting and crocheting segment, “Stitches”, to our program. Participants and staff enjoy learning and teaching the various techniques of knitting and crocheting.

SEPTEMBER



We celebrated National Adult Day Center Week with a variety of different activities. We enjoyed many special visitors.

The highlight of our celebration week, as always, included a trip to City Limits Bowling Alley in Mason. Participants and staff had a wonderful afternoon of bowling, pizza, good conversation and most importantly smiles and laughter.

OCTOBER



This Fall we launched our Bingo Store. Forster Woods participants enjoy playing Bingo every Friday and winning Forster Bucks! The last Friday of every month we open the Bingo Store and they get to spend those bucks at the store.

NOVEMBER



The Men's Group has been enjoying weekly games of poker and Sports Talk with Rob!

DECEMBER

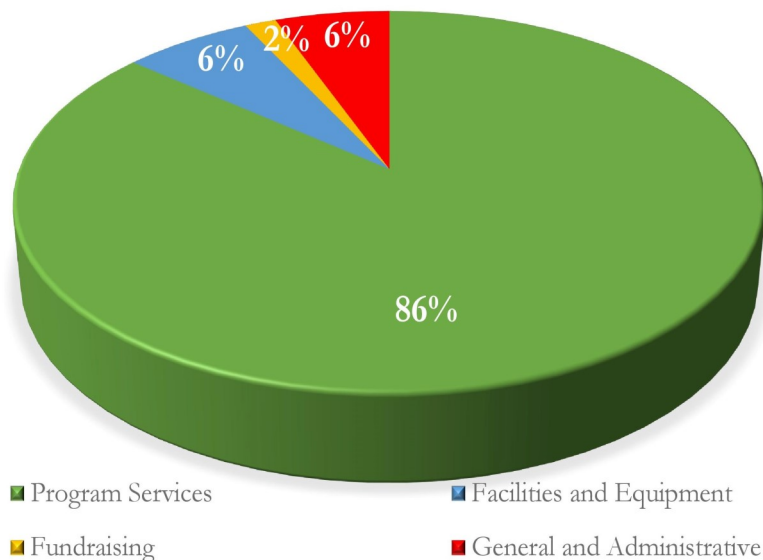
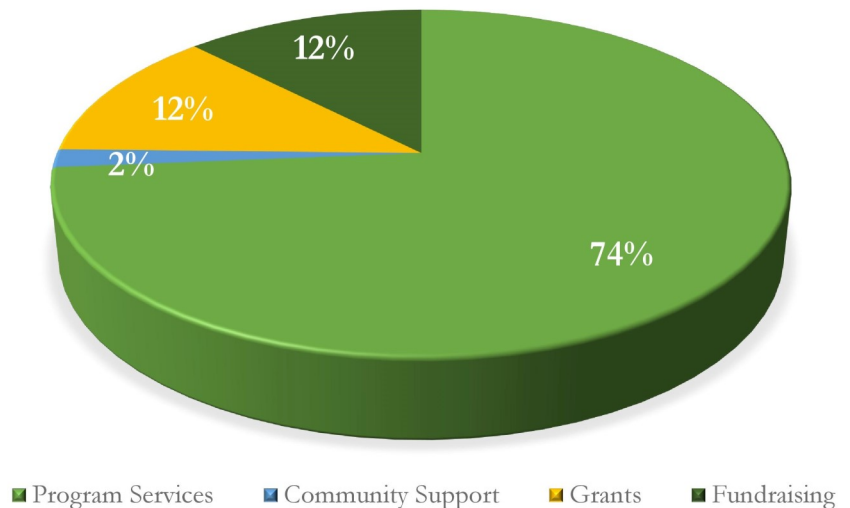


In December, we said goodbye to the MSU Nursing Students that spent Wednesday's with us this Fall. The participants enjoyed their weekly visits and look forward to the next semester when a new group of students will join us! We are so fortunate to partner with MSU's Nursing Education Program!

2017 FINANCIAL STATEMENT

REVENUE

| | |
|----------------------|---------------------|
| Program Services | \$135,489.61 |
| Community Support | \$3,108.61 |
| Grants | \$22,551.00 |
| Fundraising | \$22,761.38 |
| Total Revenue | \$183,910.60 |



EXPENSES

| | |
|----------------------------|---------------------|
| Program Services | \$135,229.80 |
| Facilities and Equipment | \$10,291.22 |
| Fundraising | \$2,494.18 |
| General and Administrative | \$9,137.66 |
| Total Expenses | \$157,152.86 |

FORSTER WOODS BY THE NUMBERS

In 2017 . . .

| | |
|-------|---|
| 41 | Participants Served |
| 54 | Caregivers Supported |
| 7.5 | Average Full Time Participant Equivalents each day |
| 6,840 | Hours Contributed by Volunteers |

In Kind Donations

| | | |
|--|---|---|
| Lary Hill, <i>Accordian</i> | Kathleen and Gibbs, <i>Pet Therapy</i> | Jackie Gargano Rebecca Branch Rick Laub |
| Avelyn Marshall, <i>Art Therapy</i> | Barb and Kimmi, <i>Pet Therapy</i> | Richard McWherter Joey Hess |
| Laura Rogers, <i>Kensington Nature Center</i> | Tom and Meesha, <i>Pet Therapy</i> | |
| Bill Nelson, <i>Capital Area Distric Library</i> | Debby Harris, <i>Master Gardener</i> | <u>Youth Volunteers</u> |
| Courtney Tang, <i>Capital Area District Library</i> | Chuck Featherly Sarah Hawley Kay Pixley Sue Hall | Victoria Anderson, Kayla Byrd, Madison, Meranda, Ryleigh, and Alex Putmon |

ACKNOWLEDGEMENT OF COMMUNITY SUPPORTERS

Forster Woods has become a beacon of light in our community and would not be possible without the many individuals that have supported our program. We are grateful for your generous support.

| | | | |
|------------------------------|-------------------------------|---------------------------------|---------------------------------|
| Ellen Adamo | William Graham | Madison Putmon | Comprehensive Psychological |
| Katharine Adams | John and Jane Grettenberger | Meranda Putmon | Services, PC |
| Stacy Allen | Gail Griffin | Ryleigh Putmon | Sparrow Community Care |
| Christopher Alvarado, DO | Dennis Gruesbeck | Cheri and Rogelio Ramirez | RediCare Okemos |
| Ashley Anderson | Lawrence and Kathy Gut | Randolph Rasch | Ingham County Medical |
| Ginette Anderson | Sharyn Hailey | Joyce Renfrew | Care Facility |
| Lance Anderson | Jon and Sue Hall | Mary Riehl | Wares Pharmacy |
| Noah Anderson | Heather Hamilton | Reg and Dana Riggs | Thai Nation |
| Elizabeth Angeley | Clyde Hanna | Grace Rodriquez | Court One Athletic Clubs |
| Jesse Angeley | JoAnn Hardy | Jane Rose | Nicholas Horstman, Edward Jones |
| Elaine Antcliff | Deborah Harris | Jan Rouse | Addie's Acres |
| Kathy Arends | Laura Harrison | Keith and Sherri Rouse | Capital Internal Medicine |
| Terry Apple | Houria Hassouna | Barbara Sawyer-Koch | Associates |
| Janae Beauchamp | Eric Hawley | Eric Schnepf | Richard Stillwell, DDS |
| Susan Behnke | Frederick Hawley | Mary Schnepf | Central Pharmacy Haslett |
| Charis Bhagianathan | Sarah Hawley | Ellen Schoepf | His & Hers Beauty Far |
| Penny Blair | Irene Haug | Polly Schwendener | Dolce Italian Cake |
| Robert and Pat Blakeman | David Hess | Rebecca Scofield | Lansing Lugnuts |
| Sharon Borouchoff | Teresa Hill | Bill and Louise Selanders | The Peanut Shop |
| Dawn Bower | Craig and Susan Hiner | Melissa Sellers | Williamston Theatre |
| Gregory Bower | Julia Huttar Bailey | Diane Shafer | Elegant Pooch |
| Jennifer Branch | Helen Johnson | Mary Ellen Sheets | University of Michigan |
| Bruce and Judith Brown | Jeff Johnson | Jackie Shinn | Zap Zone |
| Annette Buchanan | Mark and Kathryn Johnson | Jane Shoemaker | Sundance Jewelers |
| Ronald and Jennifer Byrd | Ron and Sue Kinell | Sandra Sinkovitz | Sokol Blooser Wine |
| Kayla Byrd | Ava Koski | Joan Smith | Valvoline Instant Oil Change |
| Ramon Byrd | Cruz Koski | Charles Spanburg | Medical Weight Loss |
| Janet Campbell | Elaine Koski | Ronald Spann | Sunnyside Café |
| Kandace Carty | Peter Koski | Win Stebbins | Outback |
| Ellis Clifton | Debbie Kring | Sue Steudle | Grand Traverse Pie Company |
| Andrew Corner | Emily Laub | Meghan Stockmeyer | Bruegger's Bagel |
| Edward Corner | Frederick and Carol Laub | Jeffrey Story | Breadsmith |
| Nancy Corner | Thomas Laub | Barbara and Walter Stuible | Kroger |
| Thomas and Rebecca Corner | Paul LeClair | Randall and Meredith Swamp | Old Nation Brewing Company |
| Rich Corner | Kathy Lovell | Alexandria Swats | Monticello's Market & Butcher |
| Sheila Corner | Lee and Virginia MacGillivray | Kimberly Sweet | Dusty's Tap Room |
| Mary Cowl | Shirley Major | Mark and Antionette Talbot | Barret's Men's Clothing |
| Jerry Dahlberg | Deborah Marines | Joianne Tennant | Olive Gardne |
| David and Caroline Dimmers | Avelyn Marshall | Philip Trosko | Chilis |
| Karen East | Joann Marshall | Amanda Valles | Ozzy Kabob |
| James Ecklund | Dave and Veronica Matejko | Susan Vandercook | The Daily Scoop |
| Miguel Escobar | Jim McCoy | Grace VanValkenburg | Buddies Pub & Grill |
| Kelly and Lex Fairbanks | Barbara McMillan | Dona Vogel | Brookshire Inn & Golf Club |
| Charles Featherly | Becky Mergener | Linda and Willie Wilkerson | Wild Birds Unlimited |
| Shannon Fineout | David and Christine Mergener | Mary Jane Wilson | Great Harvest Bread Company |
| Allen D. Forgach | Chuck and Sue Millar | Katherine Wittenauer | Sam's Club |
| Lille Foster | Matthew Michalek | Dennis and Candra C. Womble | Belle Tire |
| Shady Foster | Francine Minnick | Kelly Wood | Williamston Pub & Grill |
| Smokey Foster | Lisa Mireles | Jean Zwier | Doggy Daycare Spa |
| Zeus Foster | Sandra Montesa | | Tavern 109 |
| Betty Francis | James Murphy | <u>Business Sponsors</u> | Treetop Resort |
| Jennifer and Michael Gardner | Janet and Mark Nisbett | University Club of MSU | Panera Bread |
| Roger and Jackie Gargano | Keith Owen | MSU Credit Union | Fluid a Salon |
| Nicholas Gargano | Max and Deborah Pierce | Capital Region Community | Salon 7 and Spa |
| RW Gargano | William Pillow | Foundation | Firekeepers Casino |
| Angelique George | Kay Pixley | Episcopal Diocese of Michigan | Meijer |
| Bishop Wendell Gibbs | Charlotte Poston | Episcopal Church Foundation | Gordon's Food |
| Charles Gliozzo | Demi Prentiss | Dean Transportation | Studio C |
| Lillian Goodlett | Alexander Putmon | MSU College of Nursing | Old Chicago |
| Sherry Graham | Matthew and Jennifer Putmon | LorAnn Oils | |

FORSTER
WOODS
Adult Day Center



~ MAY 18TH 2018 ~
6:00 P.M.

SAVE THE DATE
4TH ANNUAL
BENEFIT DINNER
& SILENT AUCTION

JAZZ MUSIC
PROVIDED BY
LANSING EASTERN
HIGH SCHOOL'S
JAZZ BAND

Forster Woods Adult Day Center
4656 N. Meridian Road
Williamston, MI 48895
Return Service Requested

NONPROFIT ORG.
Presorted Standard
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WILLIAMSTON, MI
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