



*Supporting caregivers,
and their loved ones . . .*

2016 ANNUAL REPORT



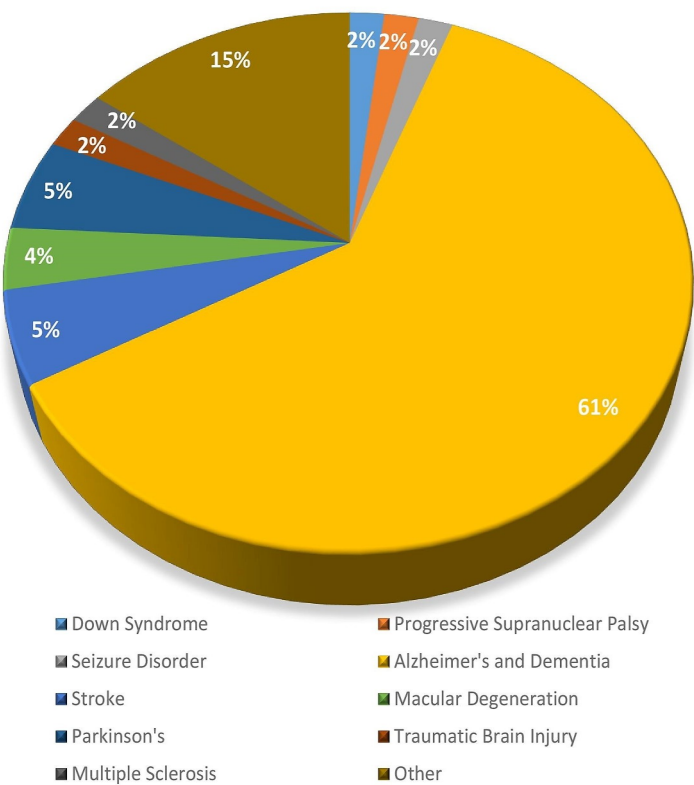
ABOUT FORSTER WOODS

Forster Woods Adult Day Center is a professionally supervised day program serving the elderly and other adults with physical or mental impairments. We provide a structured day program that includes meaningful social, cognitive, creative, and sensory activities in a warm, caring and secure environment. The program is individualized for each person based on the participant's individual plan of care.

Our Mission

To support caregivers and their loved ones by providing a safe, comfortable and reliable day service for adults who require assistance with daily living activities and would benefit from a compassionate environment with opportunities for socialization.

WHO WE'VE HELPED



OUR PARTICIPANTS



Marilyn has been attending Forster Woods for three years. Marilyn lives in an adult foster care home and in order to remain active in her community, she attends Forster Woods three days a week. Marilyn enjoys doing word searches, baking and arts and crafts. She is very competitive when it comes to bowling and cornhole.

Ron has been attending Forster Woods for a year and a half. Ron has Parkinson's disease and needs help during the day while his daughter and son-in-law are at work. Ron enjoys playing cards, discussing history and politics, and is looking forward to our new segment on technology. Ron is truly an inspiration, enjoying life to it's fullest and works hard to overcome anything that might stand in his way.



Julie has been attending Forster Woods for almost three and half years. Julie enjoys arts and crafts, tray activities, and taking walks. In the summer, she helps water the flowers in Fern's garden. Her smiles and laughter brightens everyone's day.

FROM OUR EXECUTIVE DIRECTOR

Another amazing year at Forster Woods. We experienced exceptional growth, welcoming 30 participants while providing respite for 46 caregivers.

Our day at Forster Woods begins with individual cognitive activities followed by a morning snack and Daily Chronicles. We then enjoy group cognitive activities, large motor activities and music before having lunch. The afternoon is filled with creative expressions, exercise, an afternoon snack and table games. Occasionally we welcome visitors who provide presentations and share their talents. We have enjoyed two community excursions to City Limits Bowling Alley and the Ingham County Fair. We were excited to add weekly Art Therapy to our program this Fall provided by Avelyn Marshall, RN, LMSW, ACSW.

In March, Forster Woods was honored to be selected to participate in the Big Bang-quet Community Fundraising Challenge. We raised \$5,184 and won the \$5,000 prize for most individual voters. We were amazed by the outpouring of community support in this wonderful community fundraising event.

Our 2nd Annual Benefit Dinner and Silent Auction was a marvelous event. It was an honor to have Lt. Governor Brian Calley as our keynote speaker. We raised an additional \$12,747 bringing our total fundraising efforts to \$22,931! We thank you for your support!

Save the date of May 19th and buy your tickets for our 3rd Annual Benefit Dinner and Silent Auction. We are excited to announce that The Honorable David Hollister, 49th Mayor of Lansing will be our keynote speaker. We look forward to seeing all of you there.

As I reflect on 2016, I am aware of the importance of the work that we do and service we provide to the community. Many caregivers are in need of support and respite and as always it is our pleasure to share in the care.

As we move into 2017, I am excited about the opportunities and possibilities that await us.

Warmest Regards,
Jennifer A. Putmon
Executive Director

BOARD OF DIRECTORS

The Rev. Ronald C. Byrd, Sr., CDP
Chief Executive Officer and Chairman of the Board

Jerry Dahlberg
Vice Chairman of the Board

Rick Laub
Treasurer

Tom Corner, PhD
Secretary

Rebecca Branch
Jackie Gargano, RN

John Grettenberger
Randolph F. R. Rasch, PhD, RN, FNP, FAANP
Barbara Sawyer-Koch
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STAFF

Jennifer A. Putmon, CDP
Executive Director

Elaine Antcliff, CNA
Program Supervisor

Jackie Gargano, RN
Registered Nurse

Edward Corner
Sue Hall
Sarah Hawley
Rebecca Mergener
Kay Pixley
Lexi Swats

AFFILIATIONS

Forster Woods Adult Day Center is an Outreach Ministry of St. Katherine's Episcopal Church and has contracts with Tri-County Office on Aging and Community Mental Health. Forster Woods is a member of the National Adult Day Services Association, Michigan Adult Day Services Association, and the National Council of Certified Dementia Practitioners. Forster Woods is honored to be a part of Baker College of Owosso Fieldwork Program for Occupational Therapy Assistant Students.

HIGHLIGHTS OF 2016

JANUARY



Our participants enjoy our monthly visit from Judith for baking. We always make something delicious!

FEBRUARY



Our participants love playing a few games of Bingo on Friday afternoons.

MARCH



We were honored to win a \$5,000 prize for most individual voters in the Big Bang-quet Community Challenge. ***We hope we can count on your vote again this year, beginning February 13th!***

APRIL



Participants enjoying some new twists to our Bodies in Motion segments of the day.

MAY



On May 20th we celebrated our 2nd Annual Benefit Dinner & Silent Auction. Lt. Governor Brian Calley was our keynote speaker.

JUNE



Fern's Garden continues to be our favorite place to spend summer days. Debby Harris and her team of gardeners continue to maintain the garden with the help of our participants. We enjoy many warm afternoons on the patio appreciating the beautiful garden and sunshine while engaging in conversation.



JULY



Tech Time with our new Kindles! Learning about the latest in technology and playing games.

AUGUST



Our annual trip to the Ingham County Fair was enjoyed by all!

SEPTEMBER



We celebrated National Adult Day Center Week with a variety of different activities. We enjoyed many special visitors.

The highlight of our celebration week included a trip to City Limits Bowling Alley in Mason. Participants and staff had a wonderful afternoon of bowling, pizza, good conversation and most important smiles and laughter.

OCTOBER



This Fall we were fortunate to connect with Avelyn Marshall, RN, LMSW, ACSW and offer Art Therapy every Monday. The name of our art group is The Bridge representing our view of art therapy as a bridge connecting our participants to their memories as well as to those who love and care for them.

NOVEMBER



Pet Therapy continues to be a favorite for our participants. Smiles all around!

DECEMBER

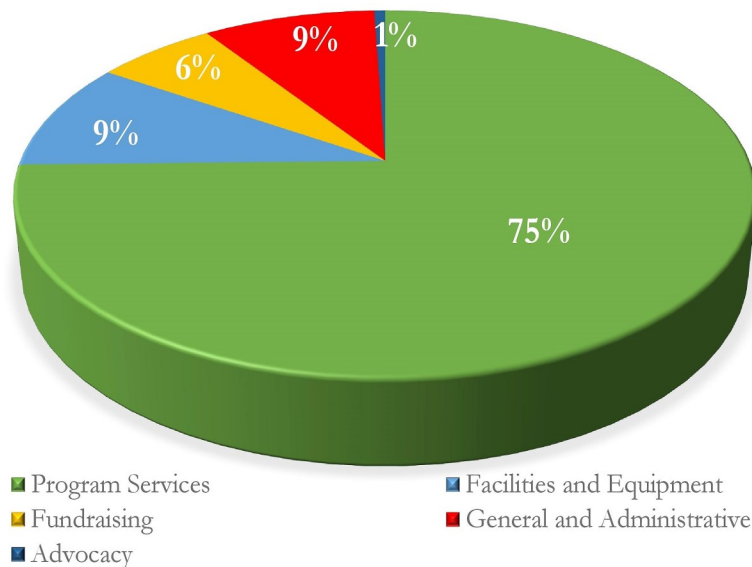
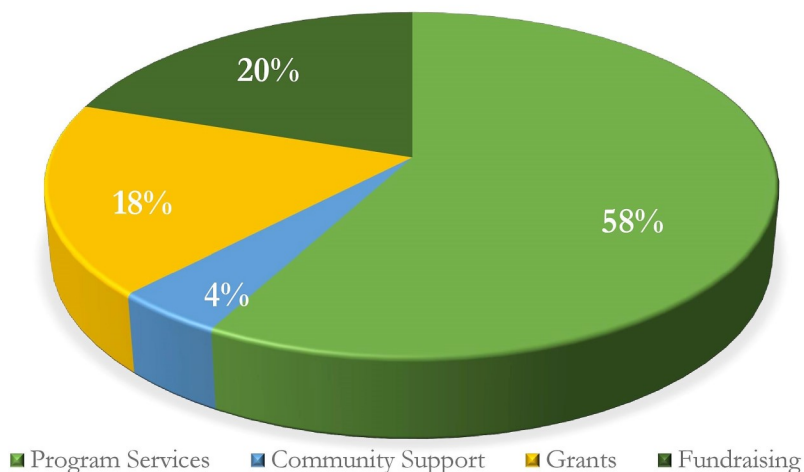


Nearly 70 of our current and former caregivers, participants, staff and volunteers, and Board of Directors gathered together on December 7th for our 3rd annual holiday dinner and caroling. It was a wonderful fun-filled event.

2016 FINANCIAL STATEMENT

REVENUE

Program Services	\$66,902.63
Community Support	\$4,949.05
Grants	\$20,732.00
Fundraising	\$22,931.20
Total Revenue	\$115,514.88



EXPENSES

Program Services	\$89,899.39
Facilities and Equipment	\$11,512.98
Fundraising	\$7,532.88
Advocacy	\$690.00
General and Administrative	\$10,761.44
Total Expenses	\$120,396.69

FORSTER WOODS BY THE NUMBERS

30	Participants Served
46	Caregivers Supported
1,625	Lunches Served
2,000	Hours of Program and Services provided
350	Hours Contributed by Volunteers
40	Hours Provided for Support Groups and Community Education

In Kind Donations

Lary Hill, <i>Accordian</i>	Kathleen and Gibbs, <i>Pet Therapy</i>	Tom and Beckie Corner
Jack Chamberlain, <i>Accordian</i>	Barb and Kimmi, <i>Pet Therapy</i>	Chuck Featherly
Nancy Lewis, <i>Music and Arts</i>	Gay Eberly & Story, <i>Pet Therapy</i>	Sarah Hawley
Avelyn Marshall, <i>Art Therapy</i>	Judith Green, <i>Baking</i>	Kay Pixley
Laura Rogers, <i>Kensington Nature Center</i>	Debby Harris, <i>Master Gardener</i>	Sue Hall
Rebecca Scofield, <i>Pianist</i>	Katie Martinez, <i>Hand and Nail Care</i>	Jackie Gargano
Bill Nelson, <i>Capital Area District Library</i>	Mark Talbot & Fr. Ron <i>Red Cap Society</i>	Rebecca Branch
	Jim Hall	Rick Laub
	Olivia Antcliff	Yvonne Westwood
		Gail Griffin
		<u>Youth Volunteers</u>
		Kayla Byrd, Madison,
		Meranda, Ryleigh,
		and Alex Putmon

ACKNOWLEDGEMENT OF COMMUNITY SUPPORTERS

Forster Woods has become a beacon of light in our community and would not be possible without the many individuals that have supported our program. We are grateful for your generous support.

Katharine Adams
Dr. Christopher Alvarado
Ashley Anderson
Birger Anderson
Lance and Ginette Anderson
Noah Anderson
Elaine Antcliff
Terry Apple
Melissa Aste
Rodger Bastien
Jan Stacey Bieler
David Birge
Robert and Pat Blakeman
Sylvia Booth
Dawn Bower
Rebecca Branch
Henry Brandli
Paige Brandli
Shawn Brandli
Savannah Brandli
Sopia Brandli
Shannon Branstner
Allie Byrd
Kayla Byrd
Karah J. Byrd
Fr. Ron and Jennifer Byrd
Ramon Byrd
Stony Byrd
Robert Byrd III
Frank Carter
Nancy Corner
Thomas and Rebecca Corner
Jodie Curry
Jerry Dahlberg
E Dahlberg-Lee
Dianne Damiano
Angela Davis
Sandra Destrempes
Shannon Dorris
Mary Ann Dunn
Gay Eberly
Deb Ebby
Jim Ecklund and Karen East
Cristol Epps
Monica Farmer
Chuck Featherly
Melissa Ferrigan
Lille Foster
Smokey Foster
Shady Foster
Scamper Foster
Mary and Rhonda Fowler
Betty Francis
Micahel and Jennifer Gardner
Roger and Jackie Gargano
Deanna Gast
Nancy Gatesy
James and Nancy George
Josephine Goedert
Sherry Graham
William Graham
Judith Green
Nicola Gretka
John and Jane Grettenberger
Gail Griffin
Kathy and Larry Gut

Sharyn Hailey
Barbara Hall
Jon and Sue Hall
Judy Hall
Clyde Hanna
JoAnn Hardy
Sarah Hawley
Donald Hewson
David Horner
Cynthia Hosimer
Ree Huber
Angie Hultberg
Julia Johns
Amy Johnson
Helen Johnson
Jeffrey Johnson and Debby Harris
Patsy King
Sue Kinnel
Stephen Kinunda
Elsie Klier
Steve Klein
Ava Koski
Elaine Koski
Peter Koski
Deborah Kring
Cheryl Kruger
John Kruger
Christina Laub
Emily Laub
Juno Laub
Liz Laub
Marguerite Laub
Mary Laub
Nicolas Laub
Oliver Laub
Peter Laub
Reed Laub
Rick and Carol Laub
Sheena Laub
Santiago Laub
Thomas Laub
Tess Laub
Tracy Letourneau
Clare Luz
Lee and Virginia MacGillivray
Shirley Major
Debbie Marines
Joann Marshall
Dave and Veronica Matejko
Brian & Barbara Maynard
Michele McCaskey
Deborah McMartin-Finkle
Gary and Shirley McWhorter
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Max L. Pierce
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William Pillow
Vicki Piontkowski

Kay and Phil Pixley
Rosie Pixley
Marcia Powell
Alexander Putmon
Matthew and Jennifer Putmon
Madison Putmon
Meranda Putmon
Ryleigh Putmon
Cheri and Roger Ramirez
William Ramsey
Mary Rapa
Joyce Renfrew
Mary Riehl
Reg, Dana, Ryan & Miranda Riggs
Jane Rose
Gerald Rosinski
Robyn Ross
Jan Rouse
Keith and Sherri Rouse
Rocco Ruckinski and Sheri Jones
Barbara Sawyer-Koch
Tate Schanski
Jodi and Chad Schaffer
Dorothy Schmidt
Clara Schwendener
Ben and Polly Schwendener
Rebecca Scofield
Louise Selanders
Mary Ellen Sheets
Mary Shinkle
Jacqueline Shinn
Sandy Sinkovitz
Brenda Slaughter
Dilyn Smith
Joan Smith
Joy Sommers
Dave Sonday
Lisa Sonday
Barb Sougstad
Ronald Spann
Win Stebbins and Lille Foster
Andy and Carolyn Such
Meredith Swamp
Kimberly Sweet
Belle Talbot
Dakota Talbot
Eric Talbot
Mark and Toni Talbot
Joianne Tennant
Joy Thrun
Sabrina Troutman
Amanda Valles & David Hess
Grace VanValkenburg
Gwendolyn Walker
Teresa Wakeen
Margaret Watiri
Vickie Watkins
Linda Weller
Mary Jane Wilson
Jennifer Woehl
Dennis and Candra C. Womble
Kelly Wood
Ericka Yost
Julie Young
Susan Zimmerman

Business Sponsors
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MSU Federal Credit Union
University Club of MSU
Sparrow Community Care
Haslett Primary Care
Addie's Acres
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St. Clement's Episcopal Church
New Style Salon
Lansing Institute of Behavioral Medicine
Wares Pharmacy
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Coverly
St. David's Episcopal Church
Sparrow Pharmacy
Greater Lansing Spinning Guild
Williamston Wellness
Lansing Lugnuts
Cravings Popcorn
Peanut Shop
Panera Bread
Great Harvest Bread Company
Old Nation Brewery
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Detroit Tigers
Red Wings
Sokol Blosser Winery
Valvoline Oil Change
Court One
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Firekeepers Casino
Cake Connection
The Daily Scoop
Christians Greenhouse
Oaklane Golf Course
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Meijer
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Ingham County Rehabilitation Services
Comprehensive Psychological Services, PC
Dean Transportation



BIG BANG-QUET

COMMUNITY CHARITY CHALLENGE

Co-sponsored by
MSU Michigan State University
Capital Region
Community Foundation

We Need Your Votes!

Help us win a \$10,000 credit towards our **3rd Annual Benefit Dinner and Silent Auction** at the fabulous University Club by voting for us in the **Big Bang-quet Community Charity Challenge**! Each "vote" is cast with a \$5 tax-deductible donation to the Capital Region Community Foundation. We'll receive the funds* raised from our votes, plus with your help, we'd like to win the \$10,000 Grand Prize!

Cast Your Votes at:

<http://bit.ly/Vote4ForsterWoods>

Voting Open: February 13 - March 21

* The CRCF will retain a small percentage of the donations to cover processing fees.
The Big Bang-quet is sponsored by the University Club, MSU Federal Credit Union, & the Capital Region Community Foundation.



SAVE THE DATE

FORSTER WOODS' 3RD ANNUAL BENEFIT DINNER & SILENT AUCTION

~ MAY 19TH 2017~

UNIVERSITY CLUB OF
MICHIGAN STATE UNIVERSITY

KEYNOTE ADDRESS

The Honorable David Hollister

Forster Woods Adult Day Center
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Williamston, MI 48895
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